

The Community Leader

WE'RE ALL ABOUT GOOD NEWS

Bayside



BROOMS UP WYNNUM! THE BAYSIDE IS BREWING SOMETHING SPOOK-TACULAR

Hold onto your broomsticks — the 2026 Wynnum Ampol Halloween Festival is back on October 31, and it's ready to turn the bayside into a bubbling cauldron of chaos and creativity. Expect costumes, creatures with features, cackling kids, and more photo ops than you can wave a wand at. Whether you're a seasoned spook or a first-time fright fan, this festival promises giant smiles, live entertainment, fireworks, a parade and spookily fun Halloween vibes.

And to shake things up, this year's festival moves to George Clayton Park, giving everyone ample room to

devour goodies from the food trucks and get their monster-mash on at the main stage. You'd be batty to miss it! Plus, if Halloween makes you grumpy, you can just come as yourself — no costume needed! Find out more about the party on page 3.

Thanks to all the volunteers and sponsors who make these community events happen — you're all wonderful!

Pictured: Bayside locals Katie Connolly, Bella Stamanas and Neve Curtin are excited for the upcoming Halloween Festival.



SORRY, I'VE USED ALL MY
JOKES ON BILLBOARDS.

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MORE ROOM TO CARE FOR KIDS: CAMP HILL CHARITY EXPANDS

BY ASHLEIGH HOWARTH

Dedicated volunteers from Care Kits for Kids Qld Inc will be able to pack more backpacks with essential items for disadvantaged children following an upgrade to their sheds in Camp Hill.

After two years of planning and construction, the not-for-profit organisation celebrated the completion of the project with an official opening event on August 19. Care Kits for Kids Qld Inc co-founder Stephanie Hinrichs said the upgrade would make a significant difference to the number of children it could support and its helpers.

“I think the largest number of Care Kits we have completed in one year is around 4,700, so this upgrade means we can now increase that number to 5000,” Stephanie said.

“Our new sewing room houses around 20 machines, a huge cutting table and more, and our crafters, sorters and packers all have ample space for their many activities.

“There’s also a dedicated donations reception room, a completed dispatch storage room for the completed care kits, plus an increase

in safe space allowing people with mobility aids to volunteer or access the site more easily.”

The revamp has been a true community effort with funding from the Brisbane City Council Lord Mayor’s Better Suburbs Community Facility Fund, Queensland Gambling Community Benefit Fund, Easts Leagues Club and Civic Solutions, alongside numerous fundraising events and donations from businesses, organisations, clubs and individuals.

A number of businesses and tradies also rallied behind the project by giving either their time or in-kind donations including steel framing, vinyl, tiles, office furniture and tables.

Since 2018, the organisation has provided Care Kits to nearly 20,000 children who are experiencing out-of-home care, domestic and family violence, extreme poverty, homelessness or other crises.

Each backpack contains age-appropriate new or handcrafted clothing, toiletries, stationery, activities, toys, books and a quilt or wrap, and are distributed through Queensland Child Safety,



Photo: Supplied.

Queensland Police Child Protection, foster and kinship care services, domestic and family violence services, hospitals and schools.

Currently, one of their most urgent requests is for teenage and adult-sized backpacks, particularly sturdy bags with laptop compartments.

If you would like to help, a full list of items needed for each packing cycle can be found at www.carekitsforkidsqld.org.au.



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HALLOWEEN FINDS A SPOOK-TACULAR NEW HOME BY THE BAY

FROM WYNNUM COMMERCE INC.

Something wickedly wonderful is brewing on Brisbane's bayside, with the Wynnum Ampol Halloween Festival and Parade returning on Saturday, 31 October 2026, and this year, the celebrations have a new home at George Clayton Park on the Wynnum-Manly foreshore.

Running from 12 noon until 8:30pm, the free community festival promises a full day of frightful fun for little monsters, grown-up ghouls and everyone in between. Families can expect live entertainment, thrilling rides, market stalls, food trucks and plenty of opportunities to show off their most creative costumes. As daylight fades, the much-loved Halloween Parade will set off at 6:00pm, before the night finishes with a spectacular fireworks display.

The move to George Clayton Park gives the festival room to spread its bat wings. Known to locals as 'The Lighthouse Park', the foreshore venue offers sweeping Moreton Bay views, open lawns, picnic facilities and a fully fenced nautical-themed playground, an ideal setting for families to settle in and enjoy the celebrations from afternoon into evening.

The Wynnum parade first crept onto Bay Terrace in 2022, reviving a treasured bayside Halloween tradition. Since then, it has grown into a colourful showcase of local creativity and community spirit. Footage from the 2024 event captures packed streets, marching bands, illuminated vehicles, local businesses welcoming trick-or-treaters and costumes ranging from classic witches and zombies to elaborate family ensembles.

Whether you join the parade, volunteer behind the scenes, browse the stalls or bring a picnic rug and watch the spectacle unfold, this is one Halloween celebration you will not want to ghost.



The 2026 festival is proudly presented by Ampol, the event's naming sponsor, with support from Brisbane City Council and Port of Brisbane. Bendigo Bank and Ocean Realty are also proud sponsors of the festival, helping bring this community celebration to life. The festival also gratefully acknowledges the support of Joan Pease MP, Kara Cook MP and Cr Alex Givney. Follow Wynnum Now for program announcements and registration details.

Spring Racing Season

It's spring racing season so why not Pop in and have a look, we're sure you'll find something he'll love.

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Thursday

08

**October
2026**

12pm- 3pm

WHAT TO EXPECT

Discover a wide range of local organisations and services that support mental health and wellbeing, families and relationships, domestic and family violence support, housing and homelessness, disability and inclusion, veterans and their families, hearing and accessibility, legal assistance, employment services, and community connection.

**Call or email to RSVP by
Monday, October 5th, 2026**

Ph: 0735556565

Email: wynnum.cc@ymcaqueensland.org.au

Y Wynnum Community Hub,
105 Florence Street, Wynnum

**Follow us on
Facebook!**



TOAST-ING A GREAT START: BREAKFAST CLUB FILLS LITTLE BELLIES

BY ASHLEIGH HOWARTH

It's never a good idea to start the day on an empty stomach, which is why fresh fruit and Vegemite on toast are now being served up at Wondall Heights State School's new Breakfast Club.

After realising a number of students were coming to school on empty stomachs, School Chaplain Jill Donnelly said the club was established to ensure every child could start the day with a free healthy breakfast.

"Our school uses the Switch for Schools program, which allows students to check in each morning and indicate how they are feeling and whether they have had breakfast," she said.

"When we looked at the data, we noticed quite a few kids were coming to school on an empty stomach, so we decided it would be a good idea to start a Breakfast Club. We were already giving out free fruit a couple of days a week thanks to a grant we received, but now we are able to serve up hot toast every Tuesday morning to ensure everyone starts the day on the right foot."

The club has already received a warm reception from students, parents, carers and teachers.

"The kids see that it's on and come and grab a piece of toast and then have a laugh with their friends before they go into the hall and

line up," Jill said.

"One teacher summed up the atmosphere perfectly, describing the smell of toast wafting through the school in the morning like 'getting a warm hug'."

The Wynnum Baptist Church has also come on board to support the club by providing bread and volunteers, including an elderly couple and the church's community engagement leader. Given the response so far, Jill hopes to one day expand the club.

"The Breakfast Club has only been running for a few weeks, and already we are getting questions about running it on additional days," Jill said.

"At the moment, the menu is quite small because we are limited with time, but one day I hope to offer different meals like pancakes, for example."

"The school's guidance officer is looking at sourcing some delicious toasties, which we know the kids will love."

"We just want to ensure every child has something in their stomach before they start their school day."



Photo: Supplied.



Zoe O'Connor

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What's On

If you're looking for something to do locally, check out The Community Leader's What's On page here and online.

SCAN TO LEARN
MORE ABOUT
WHAT'S ON



03 OCT

FREE MOVIE IN THE PARK: MADAGASCAR

Saturday October 3, from sunset, Little Bayside Park, Manly

Free Movies in the Park returns to Little Bayside Park this October with *Madagascar*, the story of a group of animals from a New York zoo who end up on a Madagascan adventure. Families can roll out a blanket from sunset for this free screening, with live music from 4:00pm, and plenty of nearby takeaway options, plus food trucks on site to keep everyone fed and happy.



09 OCT

OKTOBERFEST AT WYNNUM GOLF CLUB

Friday October 9, 6:00pm to 11:00pm, Wynnum Golf Club, 76 Stradbroke Avenue, Wynnum

Wynnum Golf Club is gearing up for a lively Oktoberfest celebration filled with golf, German flavours and plenty of festive fun. Teams of four can choose golf plus dinner, golf only, or dinner only, with member and non member golf from \$30-\$35, and a \$55 German-themed buffet featuring a DJ and prizes. Costumes are encouraged, with rewards both on the course and at dinner. It's a cheerful mix of friendly competition, great food and classic Oktoberfest spirit. For tickets, scan the QR code.



12 OCT

MUSIC BEAT KIDS GROUP

Monday October 12, 9:30am to 10:00am, Wynnum Wading Pool Park, Wynnum

Little ones aged two to five can enjoy a morning of musical play outdoors as they move, groove, and make music together. Parents share a fun, social moment while helping their children learn through rhythm and movement, with handy tips to keep the music flowing at home. No bookings required; just meet under the tree beside the car park at Wynnum Wading Pool Park.



17 OCT

THE DIAMOND AND SPRINGSTEEN TRIBUTE SHOW

Saturday October 17, 7:30pm, Wynnum Manly Leagues Club, Wondall Road, Manly West

Wynnum Manly Leagues is hosting a powerhouse tribute act that brings the music of Neil Diamond and Bruce Springsteen close to home. Audiences will be swept up in the anthems, storytelling and stadium-sized energy of two legendary icons, delivered with heart, authenticity and electrifying stage presence. From Diamond's timeless sing alongs to Springsteen's raw, soulful rock, this show promises a feel-good celebration of classic hits that defined generations. This is a must see event for fans who love big songs, big voices and big moments. For tickets, visit wynnumanlyleagues.com.au.



22 OCT

STAND-UP COMEDY IN CAPALABA

Thursday October 22, doors open 5:00pm for drinks and meals, show starts 7:00pm, Redlands Coast Distillery, 2 Christine Place, Capalaba

Stand-Up Comedy at Redlands Coast Distillery brings a fresh mix of new and seasoned comedians to Capalaba for a lively night of laughs strictly for adults! Hosted by Straight Up Stand Up, the showcase invites adults to settle in with meals and drinks from 5:00pm before the show kicks off at 7:00pm. Over 90 minutes, audiences can expect variety, fun and plenty of energy as performers deliver a hilarious evening perfect for friends or date night. For tickets, scan the QR code.



JAN POWERS FARMERS MARKETS – MANLY

1st & 3rd Saturdays in October, 6:00am to 12:00pm, Little Bayside Park, Manly

Fresh produce, ocean breezes, and unbeatable community vibes – the Jan Powers Farmers Markets pop up at Little Bayside Park, Manly, on the first and third Saturdays of the month. Locals and visitors flock to the waterfront for farm-fresh fruit and veg, artisan treats, and gourmet bites. It's the perfect spot to grab a coffee, meet the growers, and soak up the sunshine.

WYNNUM MANLY ROTARY CLUB WELCOMES EXCHANGE STUDENT FROM DENMARK

FROM THE ROTARY CLUB OF WYNNUM AND MANLY

President Robyn Schneidewin and several members of the Rotary Club of Wynnum and Manly welcomed their new exchange student from Denmark, Christian, to Australia in early September.

Christian is the 60th exchange student welcomed by the club since the program started in 1963. He will be hosted by four Rotary families in the Wynnum and Manly area until he returns to Denmark in July next year. While he is here, he will attend Wynnum State High School starting in Grade 11 this year.

Christian will join other exchange students currently hosted here on a tour of the State later in the year, thus providing them with a broader understanding of our country and culture.

The club has a proud history in hosting exchange students and was the first club in Queensland to host a student when the program started. The first student was Hideki Oka, a 16-year-old girl from Japan, and since then students have been welcomed from 21 different countries from all areas of the world – Europe, Asia, North and South America. The program has expanded across Queensland since that first tentative step, and Rotary Clubs in all parts of the State have hosted students from all over the world.

Many long-term friendships have resulted from hosting these students, and several have returned to visit the club from time to time to renew old acquaintances. Some of the club members have also enjoyed meeting former exchange students in their homes while on holiday abroad.

Each incoming student has been paired with a young person from Wynnum and Manly who has gone abroad for the year. Right now, we have Rebecca, a student from Wynnum State High School, staying with her host family in Chile and attending the local high school. She is enjoying the experience, and we expect her home early in 2027.



Club members and family greeting Christian at Brisbane Airport. Photo: Supplied.

Club members are looking forward to introducing Christian to the Australian way of life, helping him enjoy it while he is here, and, at the same time, learning about his life in Denmark.

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A cartoon kangaroo character wearing a blue and red striped shirt is standing next to a pink piggy bank. The kangaroo is holding a gold coin over the piggy bank's slot.

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A red shield-shaped logo with a white banner across the top that says "SUPA SHIELD". Below the banner, in white text, it says "SECURITY DOORS".

**TESTED TOUGH.
BUILT RIGID.
COASTAL READY.**

A red circular seal with a white border. Inside the seal, it says "WARRANTY" at the top, "10 YEAR" in the center, and "WARRANTY" at the bottom.

Two circular social media icons: a Facebook 'f' icon and an Instagram camera icon.

3200 9152

FREE MEASURE
& QUOTE

A TRADITION SPANNING CENTURIES CONTINUES AT THE ROYAL QUEENSLAND YACHT SQUADRON'S OPENING OF THE 142ND SAILING SEASON

CONTRIBUTED BY RQYS

The Royal Queensland Yacht Squadron (RQYS) marked the opening of its 142nd season on Saturday, 29 August, with hundreds of members and guests enjoying the mild Brisbane winter at its Manly clubhouse.

The celebrations began with morning tea to the backdrop of the Royal Australian Navy Band, before the official ceremony when RQYS Commodore Curtis Skinner welcomed club patron Professor Graeme Nimmo RFD and Commander Christopher Unwin RAN of HMAS Moreton, who arrived in a formal procession led by the pipes of the Emmanuel College Highlander Band.

The ceremony brought together representatives from several sailing clubs, politicians, RQYS Life Members and leading sailors for the traditional blessing of the fleet and official opening of the new season. Commander Unwin noted the Squadron's remarkable history, pointing out that RQYS predates the Royal Australian Navy, which was established in 1901.

One of the day's highlights is always the Sail Past parade, when boats from across the Squadron fleet come together on the water in a display of unity and seamanship.

The tradition dates back more than 200 years to the yacht club at Cowes on England's Isle of Wight, established in 1815. Inspired by the naval practice of reviewing a fleet, Sail Past ceremonies were adopted by yacht clubs around the world to mark the beginning of a new sailing season.

For RQYS, the tradition also celebrates the club's long history and the generations of members who have helped shape it. Founded as the Brisbane Sailing Club in 1885, the Squadron has grown into one of



Photo: Supplied.

Queensland's leading sailing communities while maintaining its focus on competition, camaraderie and developing future sailors.

The celebrations continued into the evening with a country and western-themed party, before the Squadron's busy sailing calendar gets underway.



wynnum

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IN THE 2026 BAYSIDE COMMUNITY AWARDS!



Nominations for the Bayside Community Awards have now closed, and voting commences on September 26 and closes on 23 October 2026.
To vote, go to www.baysidecommunityfund.org.au. Winners will be announced at a gala dinner on November 11 at the Bayside Event Centre in Wynnum.

BAYSIDE BUSINESS OF THE YEAR
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- ABE Roofing
- Banette Bayside
- Bartons Motor Group
- Bayside Dance
- Bayside Property Agents
- BlackandleS
- Blue Hemp Cafe
- Boho by the Bayside
- Children at Bay Terrace
- Edith Street Espresso
- Eyefix Optometrists
- Harcourts Property Centre, Manly
- Hudson Brewing
- Infinite Chiro
- Kuhl Picture Framing
- Le Artisan Bakery
- Lewis and Philp Brisbane Fashion Boutique
- Little Gnome
- Luxe Beautè Lounge
- Munja Pizza
- My Financial Design
- Osteolink
- Perry's Prime Meats
- Piccardi Fry Lawyers
- Pier 88
- Raptor Games
- Speechcare
- Studio Yellow
- The Collective Store
- The Eclectic Mix
- The Physiology Collective
- The Shed
- Track Health
- True Natal
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- Yoga Bayside
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- Gabs Personal Training
- Infinite Chiropractic & Wellness
- M for Fitness
- Origin Natural Living
- Personal Training Plus
- Premium Pilates & Fitness
- Qi Flow
- Rebuild Health and Fitness

- Sakura Acupuncture
- Stretch Pilates and Barre
- Studio Yellow
- The Physiology Collective
- Theresa's Bliss
- Wynnum Chiropractic and Wellness Centre
- Yoga Bayside
- The Mind and Body Co Pty Ltd

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- Bayside Skin and Beauty
- Cambridge Hair Collective
- Colour Works Hair Design
- Ede's Salon
- Evoka Beauty
- Evoxia Physio
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- Lash Holic
- Little Birdie Hair Co
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- Luxe Beautè Lounge
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- Nurtured Beginnings Maternity
- Qi Flow
- Sports & Spinal Physio Wynnum
- Styled by Eleena
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- Bluecare Community
- Carson & Co Compensation Law
- Clacher and Hook Optometrists
- DBL Solicitors
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- Manly Road 24-Hour Veterinary Hospital
- ME Tax & Accounting
- My Financial Design
- Olleh Lending
- Sports and Spinal Wynnum
- Wynnum Dentists
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- My Future Real Estate
- Ocean Realty

- Raine & Horne Wynnum Manly
- Tamara Hall Properties
- Vitale & Co Property Management Services

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- Lewis & Philp
- Manly Creative Market
- Perry's Prime Meats
- Sobidah
- The Collective Store
- The Eclectic Mix

BEST SMALL BUSINESS NEWCOMER
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- Booyaka
- Chelsea Joy
- Club Active
- Eden Laine Sensory Soft Play & Sensory Tray Hire
- Elladee
- Joyful Spaces
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- Moneyquest Manly
- Pier 88
- Sandside Constructions
- Smith Street Buyers Agents
- Stretch Pilates & Barre
- West Ave Espresso

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- Aspiring Technical Services
- Bayside Automotive
- Downie Plumbing and Gas
- Keid In Electrical
- TLG Lawns and Landscape Solutions
- Waller Plumbing

BEST HOSPITALITY BUSINESS – MEDIUM/LARGE
Sponsored by Joan Pease MP

- Manly Harbour Boat Club
- The Manly Hotel
- Wynnum Manly Leagues Club

BEST HOSPITALITY BUSINESS – SMALL
Sponsored by Wynnum Golf Club

- Pier 88
- Bayside Blends
- Blue Hemp Cafe
- Cedar and Pine Bar
- Edith Street Espresso
- Pier 88
- Banette Bayside
- Hide Green Cafe
- Bay Blends

- The 3 Musketeers
- Frenchies Café
- Little Gnome
- The Shed
- Mad Mile

BEST NOT-FOR-PROFIT SOCIAL OR SPORTING CLUB
Sponsored by Wynnum Music

- Bayside United FC
- Bethania Street Community Garden
- Blood, Sweat and Beers
- Children @ Bay Terrace
- Fielders Club
- Kissingpoint Cottage
- Royal Queensland Yacht Squadron
- The Brain Injury Community
- The Good Dose
- The Sharing Shed Foundation Ltd
- Wynnum and District Netball Association (Wynnum)
- Wynnum Bowls Club
- Wynnum Bugs Rugby Union Club
- Wynnum Manly Arts Council Inc.
- Wynnum Manly Juniors Football
- Wynnum Manly Leagues Club
- Wynnum Manly Little Athletics
- Wynnum Manly Touch Association
- Wynnum Manly Woodturners and Wood Carvers
- Wynnum Manly Yacht Club
- Wynnum Vikings Australian Football Club

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- Bendigo Bank Wynnum-Manly Branch
- Blood Sweat and Beers
- Hands and Feet Wynnum
- Moreton Bay Girl Guides
- Myhorizon
- QENDO
- Quota Club Wynnum Manly
- Repair Cafe
- Rotary Club of Wynnum & Manly
- Sailability Bayside Inc
- Savoyards
- The Sharing Shed Foundation Ltd
- Wynnum Community Centre
- Wynnum Community Place
- Wynnum Manly Veterinary Hospital

BEST EDUCATOR OF THE YEAR
Sponsored by Joan Pease MP

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Maggie's Mates

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Photo: Supplied.

What is your name? Hi, I am Shlinky. I'm a boy.

Who do you live with? I live with my human family and my best friend Apollo, my cat. He's one year older than me, and we share the same birthday on December 13. This year I will be three and Apollo will be four.

What is your favourite activity? My favourite time of day is whenever I see Mummy – she is my person. I go out in the morning, then someone lets me back inside, then I run straight upstairs, up the ramp to mine and Mummy's bed, onto the blanket box, and I bounce and charge straight under her chin. I also love it when Daddy gets home. I run to the door, paw at his legs and give him a "Hooray for Sausage Dog".

What is your favourite toy? My favourite toys are my humans or Apollo.

What is your favourite food? I love smoked salmon, prawns, sashimi, beef jerky, and whatever is on the humans' table. I love weekends because that is when I get a poached egg.

What is your worst habit? I am partial to doing a revenge poo. Whenever Mummy and Daddy leave me for the weekend, I poop in the children's bathroom.

What is your favourite place to hang out? I love to walk my block and let everyone know I'm there by trying to pee as high as I can so everyone thinks I'm taller than I actually am!

Do you have an embarrassing story to share? When I was a puppy, I peed on Daddy's side of the bed. I felt instant remorse, started whimpering, and tried to fix it by pawing at it and digging it away, but it didn't work. I was so sad.

What do people love most about you? I have long, fluffy, soft ears. I'm a good hugger, and I like to snuggle up to people. I get so excited to see all the people I love, and I cuddle and greet them with great enthusiasm, and it makes them feel happy.

Shlinky's favourite charity is the Animal Welfare League QLD, and we have made a \$50 donation on his behalf.



Would you like your best mate to be featured in Maggie's Mates? Email us at sales@market2market.com.au and we'll send you a questionnaire. We will donate \$50 to a registered animal charity of your choice for each profile published in The Community Leader.



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MISS MAGGIE OF MANLY



PETS AND STORM PHOBIA

BY DR NICKY THOMAS, WYNNUM MANLY VETERINARY HOSPITAL

As we approach the warmer summer months, we often see an increase in storms. Dogs and cats can be very sensitive to environmental changes, with a number of animals developing storm phobia.



distant sounds and changes in environmental chemicals. Active stormy weather including heavy rainfall, thunder, lightning and hail, may cause ongoing anxious behaviour.

WHAT ARE THE SIGNS OF STORM PHOBIA?
Signs associated with storm phobia may include:

- Escaping (which may result in injury);
- Inappropriate toileting behaviour;
- Vocalising;
- Hiding, pacing, salivating;
- Destructive behaviour which may result in damage to household objects/structures and injury to pets.

WHAT IS STORM PHOBIA?

Storm phobia is a fear of storms and storm-related noises. This phobia can occur in young animals or may develop over time with repeated exposure to frightening stimuli. Storm phobia may be triggered by changes in barometric pressure, wind gusts, rain squalls,

HOW IS STORM PHOBIA TREATED?

- Create a safe, secure space for your pets – for dogs this may be a crate or quiet room which shields them from both noise and visual cues such as lightning. Cats should be kept indoors during storms.
- Encourage normal activities during storms – distract pets by playing with them or feeding them.
- Relaxation training may be helpful. Direct dogs to a mat/bed/crate using the “settle” cue and reward calm behaviour with treats and pats.
- Desensitisation with recorded noises played at slowly increasing volume while rewarding calm behaviour may be helpful.

- Thundershirts may benefit some dogs.
- Natural calming products which are available as oral supplements or in collars may be used.
- Anti-anxiety medication may be prescribed by your veterinarian for use in severely affected animals. These medications need to be given at least an hour before storms in order to be effective, so close monitoring of weather forecasts is necessary.

It is essential that pets’ microchip details be kept updated as many cases of lost pets occur during stormy weather. Check with your vet to make sure your current details are recorded on the national microchip database.

Wynnum Manly Veterinary Hospital

To make an appointment call
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JOAN PEASE’S COMMUNITY UPDATE

STATE MEMBER FOR LYTTON



OCTOBER IS QUEENSLAND SENIORS MONTH

October is Queensland Seniors Month, a chance to celebrate the wonderful contribution older Queenslanders make to our community. Here on the Bayside, our seniors are the backbone of so many local clubs, community organisations and volunteer groups, generously giving their time, knowledge and experience.

Throughout October, there are plenty of opportunities to connect, celebrate and get involved. I encourage everyone to check out what’s happening and join in the celebrations.

Find out more and search for events at qldseniorsmonth.org.au



BRISBANE BAYSIDE STUDENT HONOURED

Congratulations to Spencer Aldridge from Brisbane Bayside State College, one of just 13 students from across Queensland to receive the Order of Australia Association’s Secondary Schools Citizenship Award for 2026.

It was a pleasure to join Spencer at Parliament House as he received his award from Her Excellency the Honourable Dr Jeannette Young AC PSM, Governor of Queensland.

These awards recognise Year 12 students who have made a significant contribution to their school and community. Spencer is a wonderful young representative of our Bayside community, and I know his family, school and friends will be incredibly proud.



VOTE NOW! BAYSIDE COMMUNITY FUND AWARDS

It’s time to have your say in the 2026 Bayside Business and Community Awards!

Voting opened on 26 September, giving locals the chance to support the businesses, community organisations and individuals who make our Bayside such a special place.

Then join the community for the Awards Night on 11 November at the Bayside Event Centre as we celebrate this year’s outstanding finalists and winners.

Vote and get your tickets to the Awards Night at www.baysidecommunityfund.org.au



GIVE AN OLD PHONE. HELP SAVE A LIFE.

Got an old mobile phone sitting in a drawer? It could provide a vital lifeline for someone escaping domestic and family violence. The need is tragically clear. Four women were killed in suspected domestic violence incidents in Queensland in just 45 days.

DV Safe Phone collects and repairs old phones for people experiencing domestic violence, helping them stay connected to support and emergency assistance. My electorate office at 100 Edith Street, Wynnum is a collection point. More information at dvsafephone.org



QUEENSLAND LOSES CREDIT RATING

Queensland has received a credit rating downgrade. After holding a AA+ rating for nearly two decades, the State has lost that standing. New analysis reported by The Australian estimates the downgrade could add up to \$1billion to Queensland’s interest bill by 2030, as debt continues to rise.

The Queensland LNP Government also used its numbers in Parliament to block debate on the downgrade. Higher interest costs mean less money available for essential services and infrastructure. Queenslanders deserve openness and accountability over decisions affecting our State’s finances, economy and future investment.



JoanPease MP

State Member
for Lytton

Authorised by Joan Pease 100 Edith Street Wynnum

PO Box 719, Wynnum QLD 4178

(07) 3915 1100

JoanForLytton

lytton@parliament.qld.gov.au

www.joanpease.com

MANLY HARBOUR VILLAGE CHAMBER OF COMMERCE UPDATE

BY JEMANDA HANNOUF, PRECINCT COORDINATOR, MANLY HARBOUR VILLAGE

The festive season is just around the corner, and Manly is getting ready to celebrate **Christmas in the park!**

Save the date for Saturday, 5 December, for a wonderful afternoon and evening of Christmas fun for the whole family.

There will be plenty to enjoy throughout the afternoon, including a petting zoo, face painting and a very special visit from Santa. Families will have the opportunity to meet Santa and take free photos together, creating a special Christmas memory to treasure.

As the sun goes down, the celebrations will continue with a special Christmas movie under the stars, starting at dusk.

With a great variety of food trucks on site, there will be something delicious for everyone to enjoy. Bring your family, grab a picnic blanket and find a spot early to settle in for an evening of festive fun, food and community spirit.

So, mark your calendars, pack your picnic blanket and join us for Christmas Celebration in the Park!

TWILIGHT ON CAMBRIDGE

Twilight on Cambridge is held on the second Friday of each month. The next Twilight on Cambridge is Friday 9 October from 5pm.

MANLY HARBOUR VILLAGE CHAMBER OF COMMERCE AGM

Notice of Annual General Meeting: Tuesday 27 October 2026, 6pm, at Royal QLD Yacht Squadron.



UPCOMING MARKETS

Saturday 3 and 17 October – Jan Powers Farmers Market
Every Sunday – Manly Creative Markets



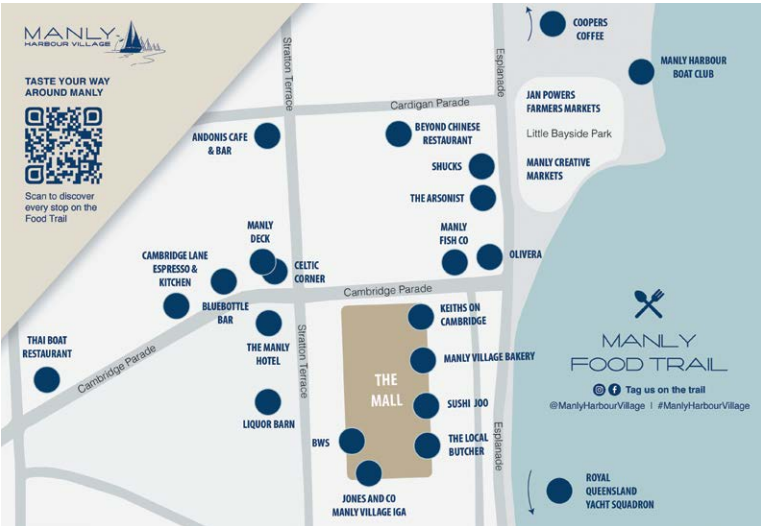
MOVIES IN THE PARK

SATURDAY 3 OCTOBER

Gather your family and friends for a relaxed evening of free outdoor entertainment at Little Bayside Park.

Bring along a picnic rug, get comfortable under the stars and enjoy a fun night out in the park. The screenings will be a great opportunity to enjoy a family-friendly movie in the fresh air and soak up the community atmosphere.

A variety of food trucks will be on site, or you can grab takeaway from a local trader. Bring the family and enjoy a movie night under the stars in Manly.



Save The Date

OCTOBER

Saturday 3 October – Movies in the Park – *Madagascar*
Friday 9 October – Twilight on Cambridge

NOVEMBER

Saturday 7 November – Movies in the Park – *Secret Life of Pets*
Friday 13 November – Twilight on Cambridge

DECEMBER

Saturday 5 December – Christmas Celebration in the Park, Little Bayside Park
Saturday 5 December – Christmas Movies in the Park
Friday 11 December – Twilight on Cambridge

For more information on upcoming events, be sure to follow Manly Harbour Village on social media and subscribe to our newsletter at manlyharbourvillage.com



KARA COOK COMMUNITY UPDATE

FEDERAL MEMBER FOR BONNER



You're Invited! 2026 Bonner Seniors Expo

I am delighted to invite you to this year's **Bonner Seniors Expo**, a fantastic morning dedicated to **connecting seniors with local services, community groups and organisations.**

Date: Friday 23 October 2026

Location: Mount Gravatt Bowls Club, 1873 Logan Road, Upper Mount Gravatt, QLD, 4122

Time: 9:00am – 12:00pm



The Bonner Seniors Expo is a great opportunity to **discover the wide range of activities** for healthy, active and independent ageing available in our community.

You'll be able to **speak directly with representatives from government agencies, community organisations and aged care providers**, and learn about topics including health and wellbeing, volunteering, community participation, and much more.

You'll also have the chance to hear from a **range of engaging guest speakers and exhibitors**, offering expert advice, practical information, and valuable resources.

Whether you'd like to drop in briefly or spend the whole morning exploring, I'd love to see you there.

Parliament Update

The past few sitting weeks in Parliament have been super busy!

I've spoken in Parliament on a range of important issues, including making university education more accessible, supporting young people and seniors, tackling domestic and family violence, creating more opportunities through Labor's apprenticeship programs, helping households save on power bills with cheaper home batteries, and raising awareness of mental health.



I've also attended several important events focused on issues that matter to our community. One of these was the launch of the **National Roadmap for Change to Prevent and End Family Violence Against People and Animals** by Lucy's Project. The roadmap sets out practical ways to better protect people and their pets from domestic and family violence, recognising that many victim-survivors delay leaving unsafe situations because they fear for the safety of their animals. Initiatives like this help ensure people and pets can find safety together.

Parliament also welcomed the **first-ever National Youth Parliament**, bringing together 150 young Australians from across the country to learn about how our democracy works and experience life in Parliament firsthand. Bonner was proudly represented by Yogini, and after meeting her, it's safe to say our community's future is in great hands!

Tax help available

Need help lodging your tax return? The **ATO** is **offering free Tax Help appointments** for eligible people earning less than \$70,000 who need assistance lodging their return online.

Date: Monday 5, 12, 19 and 26 October 2026

Time: 9:15am to 2:00pm (45-minute appointments)

Location: 69 Clara Street, Wynnum, QLD, 4178



An accredited volunteer will **help you lodge your return** and answer any questions.

Spaces are limited, so **contact my office to request an appointment**. Please note that appointments are only confirmed once my office has contacted you.

Eligibility requirements apply. If you are not eligible, visit ato.gov.au for other support options.

Out and about in Bonner

One of the best parts of my job is getting out and about across Bonner and **celebrating our local community**. It's been great recently to attend a lot of local events at schools and organisations. A few highlights were attending the **Rotary Family Fun Day, Belmont State School Fete, Gumdale Goldies 5th Anniversary, Bayside Kite Festival and Ukrainian Festival**.



Attending local events is a fantastic way to connect with residents, celebrate the people and organisations that make our community so special, and hear directly about the issues that matter most. I'm proud to represent our community and always grateful for the opportunity to be out and about meeting the amazing people who call Bonner home.

Upcoming mobile offices

Come and chat with me about issues that matter to you.

Monday 19 October 2026

2:45pm - 3:45pm, Eastside Village Gumdale

Tuesday 20 October 2026

9:00am - 10:00am, Westfield Mt Gravatt outside Bupa

Tuesday 20 October 2026

10:30am - 11:30am, Westfield Carindale outside Best & Less

Tuesday 20 October 2026

12:00pm - 1:00pm, Cannon Hill Plaza outside Kmart



WYNNUM MANLY’S 51ST RATU RUM ST HELENA CUP SETS SIGHTS ON RECORD FLEET OF 130 BOATS AND 500-PLUS PARTICIPANTS

FROM WYNNUM MANLY YACHT CLUB

Wynnum Manly Yacht Club is calling on sailors, volunteers, sponsors and spectators to be part of one of Queensland's most iconic sailing events, the 51st Ratu Rum St Helena Cup, to be held on 9-11 October 2026.

The Ratu Rum St Helena Cup is one of Queensland's most respected sailing events, renowned not only for its racing but also for the strong sense of community that surrounds the event. Sailors take on the challenges of Moreton Bay while enjoying the hospitality, friendship and atmosphere that have become hallmarks of the regatta.

Following the success of last year's milestone 50th anniversary regatta, which attracted a fleet of 110 boats, organisers have set an ambitious target for 2026: a record fleet of 130 boats and more than 500 competitors and crew.

This year's theme, *The Legacy Continues*, celebrates the event's proud history while looking ahead to the next generation of sailors, volunteers, supporters and sponsors.

Get Involved and Help Us Reach 130 Boats

There are many ways to be part of the Ratu Rum St Helena Cup and help create a record-breaking event.

- Competitors are encouraged to enter early as organisers work towards a record fleet of 130 boats.
- Volunteers are needed across registration, race administration, hospitality, photography and event support, with no previous sailing experience required.
- Sponsors and event partners are invited to connect with a passionate boating and sailing audience. With more than 500 participants expected, along with supporters, officials and spectators, the event offers valuable opportunities for brand exposure and community engagement.
- Spectators and supporters are welcome to enjoy the atmosphere at Wynnum Manly Yacht Club across the weekend and join in the celebrations as crews return from the water.



View from the 2025 Ratu Rum St Helena Cup start line. Photo courtesy of SpikeyMikey – Mike Middleton.

Known as the 'Friendliest Yacht Club in the Bay', Wynnum Manly Yacht Club has built a reputation for creating memorable experiences on and off the water. Alongside world-class racing, competitors and visitors can expect genuine hospitality, a welcoming sailing community, vibrant social atmosphere and delicious food offerings from one of the bayside's waterfront dining destinations.

For entry information, volunteer opportunities or sponsorship enquiries, visit <https://www.wmyc.com.au/st-helena-cup-2026> or contact Declan at office@wmyc.com.au.



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UPDATES FROM YOUR LOCAL COUNCILLOR



The Bayside welcomes Spring in style!

George Clayton Park hosted the 2026 Bayside Spring Festival from 11-13 September, welcoming thousands of local residents and attracting visitors from across the South-East.

Over three big and busy days, we welcomed Brisbane Festival for Manly Serenades, as well as hosting a selection of local performers, market stalls, live entertainment, rides, food trucks, families and community. A ride on the huge ferris wheel offered a rare view of the entire Bayside and the Volkswagen Drivers Club of Queensland rolled in for their 40th Annual Car Show.

And what about the perfect weather?! There's no better way to welcome Spring than to gather as a community and celebrate everything we love about our Bayside. I'm so grateful to our major sponsors BMD, Brisbane City Council, Ampol, Wynnum Manly Leagues Club and Community Bank Wynnum Manly, Bendigo Bank. A big thanks also to our event partners Wynnum Commerce Inc, Brisbane Festival and the Queensland Services Heritage Band Association. Finally, a huge thank you to our incredible volunteers who helped the festival to blossom. Ideas for 2027 are already sprouting!



Free seniors movies this Queensland Seniors Month!

It's my great privilege, each October, to recognise and celebrate the incredible contributions of seniors in our Wynnum Manly community.

As part of the celebrations, I'm excited to host four free senior movie sessions at Bayside Cinemas in the mornings of 20-23 October, as an opportunity to catch up with friends, enjoy a day out and relax with a great film.

Four wonderful movies will be available for viewing, with details soon to be released. Keep an eye out in our e-news and on social media for more information.

Also, don't forget the GOLD (Growing Older, Living Dangerously) program continues to offer fun, low-cost activities like functional fitness, Zumba, Tai Chi, fishing and stand-up paddle boarding across the Wynnum Manly Ward throughout October and beyond.

I hope you enjoy some wonderful free activities this Seniors Month!



Ghosts and ghouls prepare for the Wynnum Halloween Festival

The Wynnum Halloween Festival, hosted by Wynnum Commerce Inc, returns on Saturday 31 October 2026 from 12pm-8pm with a huge afternoon and evening of family-friendly Halloween fun planned in its brand new location!

I'm excited for our Wynnum Manly community to enjoy a spookily good time with some great market stalls, food trucks, family rides and a Grand Parade (leaving from Darling Point and travelling along Lower Esplanade), culminating in a fireworks finale at George Clayton Park.

Start planning your costume now, the Best Dressed Competition starts at 4pm on the main stage and trust me, Bayside residents go all out when it comes to Halloween costumes.

I'm proud to have this great community event supported by Brisbane City Council and look forward to bringing my family along for a frightfully fun day!

Learn more ↘



STAY IN THE LOOP! SCAN THE QR CODE TO SUBSCRIBE TO OUR E-NEWSLETTER



CARINA LEAGUES CLUB PLEDGES THOUSANDS TO FRONTLINE DV ACTION

As domestic and family violence continues to affect communities across Australia, a Brisbane community club is putting its support behind grassroots prevention, education and safety initiatives designed to help people before they reach crisis point.

The Carina Leagues Club has pledged an additional \$160,000 through its Carina Cares program to continue supporting domestic and family violence initiatives over the next 12 months, including an expanded partnership with Brisbane-based StandbyU Foundation.

As part of this commitment, the club has pledged a further \$120,000 to StandbyU to support victim-survivors and community education, with \$50,000 of that amount raised at the annual StandbyU Long Lunch in May.

But the partnership is also about more than funding. StandbyU branding will feature on the uniforms of more than 25 local netball, basketball, rugby league, hockey, football and triathlon clubs, turning sporting fields into another place to promote respectful relationships and encourage conversations about domestic violence.

Carina Leagues Club chairman Wade Core said the club had a responsibility to support action within the community.

“The devastating reality we’ve had to recognise is that domestic violence touches every single person in our community in one way or another,” Wade said.

“Education is one of the most powerful tools we have to prevent domestic violence before it starts, and this is where cultural change starts – within communities, having these conversations early.

“Our sporting clubs are full of role models, and when these players pull on their jerseys, they’re also becoming ambassadors for respect, healthy relationships and looking out for one another.”

For StandbyU Foundation Chief Visionary Officer Chris Boyle, the funding will help turn that message into practical support.

“Our relationship with Carina Leagues Club has grown over several years into a genuine community partnership,” he said. “Their funding directly supports our Education Officer, the provision of StandbyU Shields to vulnerable people and our broader community engagement across the Carina network.”

Established in 2018 by Chris himself, StandbyU helps people experiencing domestic and family violence, abuse, isolation and other safety concerns build a trusted network around them. Its



Photo: Supplied.

StandbyU Shield is a discreet personal safety device that can connect a person at risk with nominated family, friends or support workers, whereas the foundation's Shield Charity Program provides Shields to children and young people and adults experiencing the same issues.

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RANGER STACEY THOMSON IS PRINCIPAL ADVISER – COMMUNITY EDUCATION (REDLAND CITY COUNCIL)

Koalas are looking for love, and they're bellowing from the treetops!

Breeding season in south-east Queensland (September to December) is an exciting time for our bulbous-nosed marsupial friends. They are more active than usual, on the move, searching for mates.

At this time of year, expect the unexpected!...strange nocturnal sounds and koalas in unusual places such as street trees, parks, and suburban yards.

Male koalas are sexually mature at three to four years old. They are bigger than females and easily distinguished by a dark scent gland on their chest. The gland produces an oily, musky secretion that he rubs onto the trunks of trees. This informs other koalas that, "This is my territory!" The pheromone-filled fragrance is also an invitation to interested ladies of the species.

But it's the loud bellows of eager males that capture everyone's attention. Each fluffy fella has a distinctive call that announces his presence to other koalas and attracts females.

After mating, the female has a short gestation period of about 35 days.

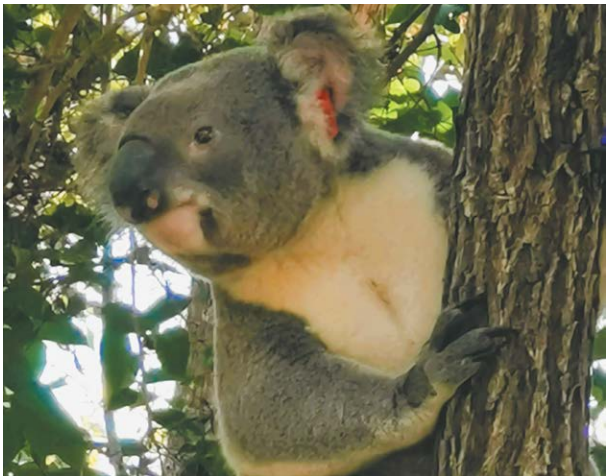
She gives birth to a jellybean-sized joey, underdeveloped, weighing less than a gram. The tiny newborn uses smell and touch to locate mum's pouch, crawl inside, and attach to one of two teats. That warm, safe environment is home for about the next six months, the perfect place to develop and grow.

Every aspect of a koala's life is wildly fascinating. A tree dweller with two opposable thumbs for gripping and climbing, adaptations to dine on and digest toxic eucalyptus leaves, individual nose patterns (like our fingerprints) that researchers can use for identification, and a hard bottom made of flexible cartilage for sitting in the forks of trees comfortably.

Breeding season is a significant time for koalas. For us, it's a time to look out for them and do our best to keep them safe.

- Drive carefully, especially between dusk and dawn.
- Keep our dogs secure at night.
- Ensure our yards are wildlife-friendly.

If a koala or other native animal needs help, call Redlands 24-hour Wildlife Rescue Service on 3833 4031.



And finally, if you're lucky enough to spot a koala looking for love, or simply minding its own business, report it through Koala Watch at redland.qld.gov.au/koalawatch

Until next time ... Stay Wild!

Ranger Stacey



Image shown is indicative of style & finish.

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THE ONLINE PILE-ON: A HOBBY TURNED BLOODSPORT

A pile-on. It starts as a targeted snipe at someone in an online post. If it remains a solitary snipe, that might be the end of it. But if it's the opening volley in an orchestrated attack, it can signal the beginning of a socially destructive campaign that can damage individuals, warp public perceptions of reality and shift our concept of what's acceptable. A single attack may be ignored, but the more we hear something repeated, the more likely we are to believe it, even if our logic initially dismissed it. Even if it's not true. Even if the attacks are anonymous. Even if they're driven by nothing more than boredom.

Pile-on. Repetition. Like a hall of mirrors at an amusement park, the same distorted image is reflected ad infinitum. Nazi Joseph Goebbels is credited with saying, "Repeat a lie often enough, and it becomes the truth". One person's lie becomes another person's truth.

Online pile-ons are one of the most corrosive forms of modern harassment – and because they can be nameless, they are often hard to source and therefore hard to refute. The sheer volume of a strategically planned attack can swamp any attempts at meaningful debate or denial, give a false impression of universal consensus and dissuade dissenting individuals from joining the melée.

The effects on a targeted individual can be significant, particularly for a public figure. Mental exhaustion, hypervigilance and a sense of isolation are possible symptoms, as well as effects on families. On a broader social level, the impact is alarming.

Society's view on what is acceptable is a constant work in progress; social practices and attitudes once regarded as radical – women's suffrage, the right to education – have become the norm. Those changes have a profound effect on politics and government policies.

Conversely, practices like pile-ons can, over time, lead to harassment becoming a form of entertainment,



empathy being perceived as weakness, erosion of trust and cynicism about the value of community involvement. This reduces the pool of skilled and well-intentioned community members willing to consider front-line public roles. Robust debate can devolve into a pecking party; once blood has been drawn, the victim is fair game for all attackers.

Vigilance, fact-checking and pondering the possible source and outcome of a pile-on is possibly the best defence against letting the noise overwhelm the facts and allowing the community to become divided by disinformation. Democracy is too valuable to allow one person's lie to become another person's truth.

A side note: Hobbylos (hobbyless behavior) is a German insult for people who waste time trolling or bothering others online and offline.





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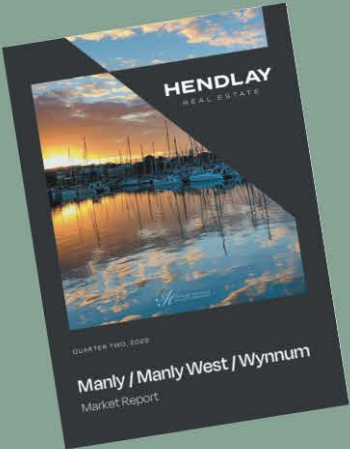
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Preventing Battery Fires: What Every Household Needs to Know

Batteries – especially lithium ion batteries – can be extremely dangerous when they are thrown into household kerbside bins. When damaged, crushed, or exposed to heat, these batteries can spark, catch fire, or even explode. This creates serious risks for waste collection trucks, landfill sites, recycling facilities, and the workers and emergency services who respond to these incidents.

WHY BATTERIES ARE A FIRE HAZARD

Lithium ion batteries are found in many everyday items, including mobile phones, laptops, power tools, electric toothbrushes, vapes, children's toys, e-scooters, and e bikes. When placed in kerbside bins, they can ignite during:

- Compaction inside waste trucks
- Sorting and processing at recycling facilities
- Burial and pressure changes in landfill

These fires can spread quickly, are difficult to extinguish, and put drivers, facility workers, and the community at risk.

DO NOT PLACE BATTERIES IN KERBSIDE BINS

Batteries of any kind – single use, rechargeable, lithium ion, or large vehicle batteries – should never be placed in general waste or recycling bins. Even small household batteries can cause major fires once crushed.

SAFE DISPOSAL OPTIONS

To prevent fires and protect the community, batteries should always be taken to a dedicated battery drop off point. These locations are equipped to safely store and handle batteries. To find out more, contact the Brisbane City Council.

OTHER HAZARDOUS WASTE

Items such as gas bottles, flares, petrol, and aerosol cans also require special disposal. For guidance on safely disposing of hazardous waste, contact your local council or waste authority.



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“We are really pleased with what we have delivered at Sadie. You rarely get to change an entire streetscape meaningfully, and we really wanted to ensure we did our best with the street presence. All five homes have expansive frontages, which isn’t always available when developing in infill urban locations. We also adopted some design features we hope the

future buyers enjoy: functional pull-through garage storage for bayside living toys and work trailers, etc and second living MPR’s to all homes to enable calm, functional living outcomes,” explained Urban Solace Director Damian McIntosh.

“We are really pleased to deliver another project in the Bayside, contributing to the Bayside in what we feel is a good example of considered infill housing. We want to take this opportunity to thank our trades, staff, builders,

suppliers, consultants, and neighbours for their hard work, patience and expertise in assisting this project coming to life”.

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Wynnum West

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5 4 2 • House

BAYSIDE

Manly West

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4 2 3 • House

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Raine & Horne

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Raine & Horne

Wynnum West

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Raine & Horne

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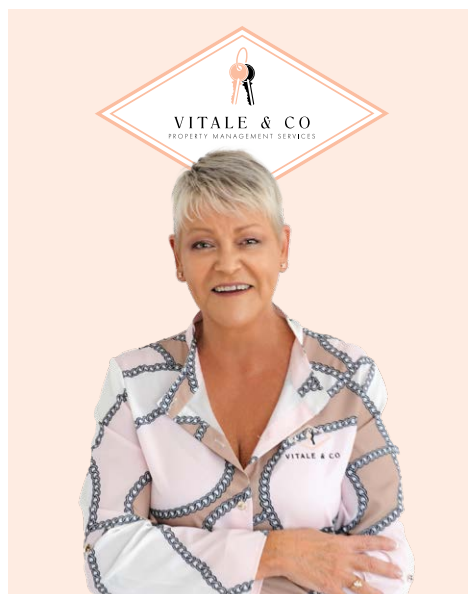
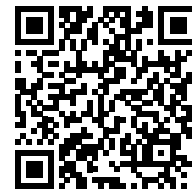
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Wynnum West

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2/73 Sibley Road, Wynnum West 4178

2 Bed 1 Bath 1 Car • Unit

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www.thecommunityleader.com.au

The screenshot displays the homepage of The Community Leader website. At the top, there's a navigation bar with links like Home, Community News, Real Estate, Publications, Clubs & Groups, Businesses, Trades, What's On, Local Jobs, and Volunteering. A prominent banner reads "We're All About Good Local News" with a call to action to subscribe. Below this, a section titled "Local Real Estate" features several property listings with photos and details like "UNDER CONTRACT" and "CONTACT AGENT". Further down, a "See more local stories" section encourages users to view full issues of the newsletter. The bottom section, "In The Community", highlights local events and news, such as "Give a layer, lend a hand: let's keep everyone warm this winter!" and "Discover, play and explore the Redlands your way!".



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DARLING POINT SPECIAL SCHOOL HOLDS ITS 48TH ANNUAL FUN RUN

CONTRIBUTED BY KARA COOK MP

Federal Member for Bonner Kara Cook MP has praised Darling Point Special School for bringing students with disability from across Brisbane together at its 48th Annual Fun Run.

Held along the Wynnum-Manly foreshore, the much-loved event welcomed students from special schools across Brisbane to take part in a 4km fun run celebrating inclusion, achievement and community spirit.

Kara Cook MP said it was inspiring to see students from schools across the Bayside and Brisbane come together to take part in the annual event.

"For 48 years, Darling Point Special School in Manly has organised this fantastic event that promotes inclusion and brings communities together," she said.

"The Fun Run is so much more than a sporting event. It gives students with disability the chance to challenge themselves, build confidence, have fun and be celebrated by their peers and supporters.

"Every student who crossed the finish line should be incredibly proud. The enthusiasm, determination and sportsmanship on display were truly inspiring."

The event was supported by students from Iona College, whose assistance helped ensure the day ran smoothly.

"A huge thank you to the incredible Iona students who volunteered their time to support the event," Kara Cook MP said.

"It was wonderful to see young people stepping up to help, encourage participants and contribute to such a positive day. Their support demonstrates the best of community spirit."

Ms Cook also thanked Darling Point Special School staff, volunteers and organisers for their ongoing dedication to students and families.

"Darling Point Special School is making a real difference in our community every day," she said.

"This event is a wonderful example of the school's commitment to supporting students with disability and creating opportunities for them to succeed. Thank you to everyone involved for another outstanding Fun Run."



Photo: Supplied.

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A collage of images showing Naomi, a woman with glasses, smiling, and various people, including children, in a community setting.

Logo for Clacher & Hook Optometrists, featuring a stylized 'ch' and the text 'clacher & hook OPTOMETRISTS'.

Logo for Yotkom Uganda, featuring a stylized tree and the text 'Yotkom Uganda'.

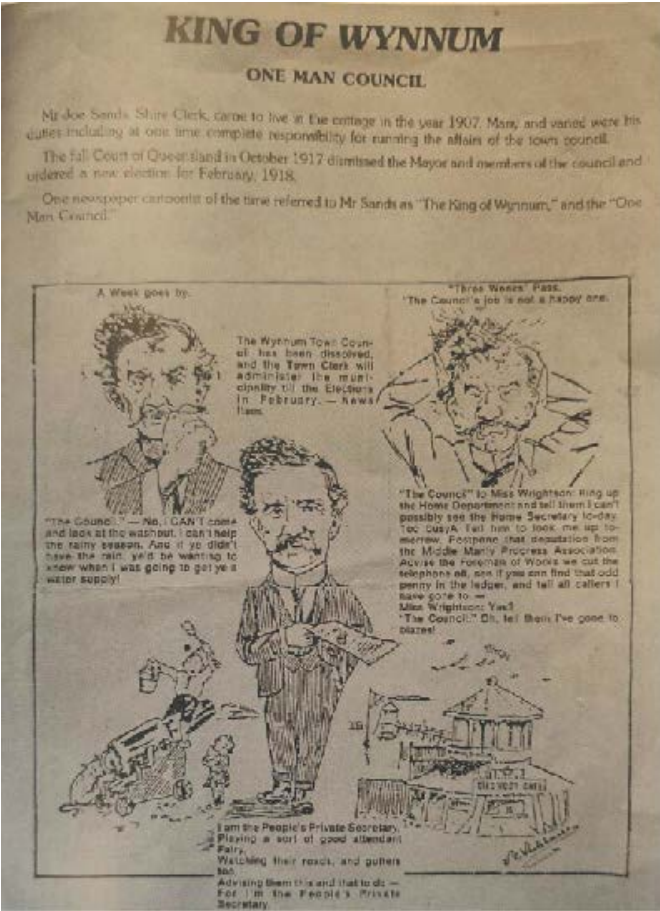


Photo: Supplied.

HISTORICALLY SPEAKING: THE TIME WHEN WYNNUM HAD A KING

BY CHRIS SEYMOUR

Joe Sands was a prominent figure in the early history of Wynnium. He was appointed Wynnium Shire Clerk in 1907, and Town Clerk in 1912 when Wynnium became a town.

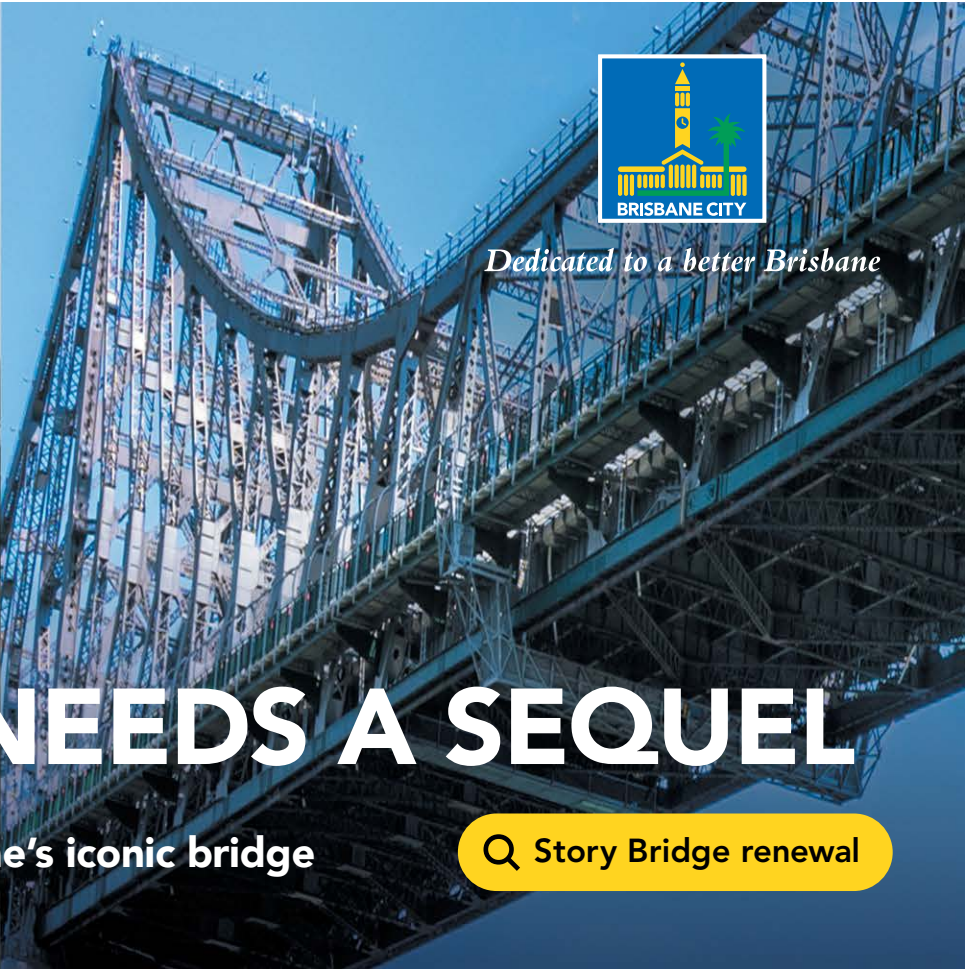
When Wynnium was absorbed into Greater Brisbane in 1925, Joe Sands became the District Engineer – a post he held until 1950. As District Engineer, he was responsible for many projects around the area – including the Great Wall of Manly and the Wynnium Wading Pool.

In October of 1917, another prominent early Wynnium resident, Sam Greene, was dismissed as mayor after being accused of benefiting from a contract to supply the council with timber. The dismissal was appealed all the way to the Full Court of Queensland, where it was confirmed in December 2017. Articles in the *Brisbane Daily Standard* newspaper of December 5 and December 19 track the arguments and the Full Court's decision.

At the same time, a dissident group of Manly ratepayers had complained to Queensland Home Secretary John Huxham about the Wynnium Council. As a result, Huxham dismissed the entire council. The dismissal is reported in an article in the *Daily Standard* on January 21, 1918.

Huxham appointed Town Clerk Joe Sands as administrator of Wynnium until new elections could be held. Cartoonists had a field day and labelled Joe Sands as the “King of Wynnium”.

In the subsequent election, only three of the 12 councillors were re-elected. But among the three was Sam Greene. Apparently voters were happy to overlook the little matter of the timber contracts.





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 Story Bridge renewal

WITCH, PLEASE... PASS THE PUMPKIN, FETA & SAGE GALETTE RECIPE!

October 31 is Halloween (if you hate Halloween and it makes you a cranky hanky, we think you'll still love this recipe!), so we're embracing a pumpkin theme with this classic recipe that is just so tasty and easy to whip up in no time!

WHAT YOU'LL NEED

- 1 sheet of puff pastry
- 500g Kent or Jap pumpkin, cut into thin wedges
- 2 tbsp olive oil
- 180g Danish feta, crumbled
- 1 red onion, peeled and very thinly sliced
- 1 tbsp of honey
- A handful of fresh sage leaves
- 1 tsp of thyme leaves, finely chopped
- Salt and freshly cracked black pepper
- 1 egg, lightly beaten with a fork (for glazing the pastry)

HOW TO MAKE IT

1. Cover the pumpkin in olive oil, salt and pepper and give it a massage to make sure it's evenly coated. Place the pumpkin on a lined baking tray and roast it at 200°C for around 25 minutes (time will depend on how thick or thin you've cut your wedges), or until it's just tender, then remove it from the oven.
2. Take your sheet of puff pastry and put it on a lined baking tray, then with a butter knife, lightly and lovingly score a 3-4 cm border around its edges.
3. Put the roasted pumpkin, onion, feta and sage in the centre of the pastry – don't put any ingredients near the border.
4. Drizzle over the honey, scatter the thyme on top, then fold the edges of the pastry around the filling where you created the border in step 2, to create a little barrier or fence around the edges – be careful not to tear the pastry!
5. Brush the pastry edges with egg wash and bake for 30 to 35 minutes at 200°C until it's lovely and golden. Your kitchen should now smell amazing!





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STUDIO YELLOW CELEBRATES 10 YEARS OF CREATIVITY & CONNECTION

FROM STUDIO YELLOW

As Studio Yellow approaches its 10th anniversary, founder Natalie Lynch is reflecting on a decade of helping Brisbane locals reconnect with creativity, confidence and emotional wellbeing.

Natalie first began teaching art in the bayside community in the late 1980s, but the sudden loss of her husband in 2009 reshaped her understanding of what art can truly do.

“Art became more than a subject,” she says. “It became a lifeline; a way to process grief, find calm, and rebuild myself.”

That experience inspired her to create Studio Yellow, a warm, welcoming space in Manly West where adults can explore creativity without pressure, judgement or perfectionism. Over the past ten years, Studio Yellow has supported hundreds of people navigating stress, trauma, change and the everyday challenges of modern life.

To mark the studio’s milestone – and in honour of Queensland Mental Health Week – Natalie is hosting a special one off community workshop: Splat ‘n’ Chat: Project Power Session, held on Saturday, October 17.

The session invites anyone with a creative project they want to start, finish or get clarity on before the end of the year. It’s also perfect for

people who are completely new to Studio Yellow and want to check out the space for the first time. For beginners or tentative creatives, Natalie will provide colouring in designs and coloured pencils so they can relax and enjoy the atmosphere without needing to bring a project.

The afternoon includes afternoon tea and gentle creative support, with plenty of time to unwind, chat and make meaningful progress.

In the spirit of Mental Health Week, 50% of all proceeds will be donated to Lifeline, with a donation box available for anyone who wishes to contribute more.

“Lifeline is an organisation close to my heart,” Natalie says. “They support people in their darkest moments, and this is my way of giving back.”

As Studio Yellow enters its tenth year, Natalie hopes the community will join her in celebrating creativity, connection and the importance of mental wellbeing. “You don’t have to be an artist,” she says. “You just have to show up. Creativity has a way of meeting you exactly where you are.”

This session is limited to ten participants. For details or bookings, visit studioyellow.com.au.



Photo: Supplied.

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WYNNUM MANLY JUNIORS SEASON COMES TO A CLOSE

FROM WYNNUM MANLY JUNIOR RUGBY LEAGUE CLUB

Another great year of football has come to an end, with more than 800 young players enjoying the game across Wynnum Manly Junior Rugby League Club.

As the 2026 season draws to a close, Wynnum Manly Juniors can look back on another fantastic year filled with football, friendships, community spirit and plenty of memories.

With more than 800 kids taking to the field from ages five and up, the club continues to grow and provide a place where children and families can enjoy the great game of rugby league.

One of the highlights of the season was seeing a record six girls' teams take the field. The continued growth of girls' rugby league at Wynnum Manly Juniors is something the club can be incredibly proud of and is a great sign for the future of the sport.

Behind every successful season is a team of dedicated volunteers, and Wynnum Manly Juniors is extremely fortunate to have so many people who give their time to the club.

A massive thank you goes to all our coaches, managers, Leaguesafe volunteers and sports trainers. Your commitment throughout the season, from training nights to game days, has helped make the season possible for all our players.

The club would also like to thank all the parents, grandparents and families who supported the players throughout the season. Also, thank you for helping out at the club in various jobs, including the canteen and uniform shop. Thank you for getting the kids to training, travelling to games, cheering from the sidelines and, most importantly, supporting the club and our young players. Grassroots sports wouldn't happen without you.

Wynnum Manly Juniors would also like to extend a huge thank you to all our sponsors and supporters for their generous support throughout the 2026 season. Their support helps us with equipment, uniforms, facilities, programs and the many costs involved in running a successful junior club.

We are extremely grateful to every business and organisation that has stood behind Wynnum Manly Juniors this season. Your support helps our club grow, helps our players thrive and helps ensure our kids can continue enjoying the great game of rugby league.

As another season comes to a close, we can be proud of what has been achieved at Wynnum Manly Juniors: 800-plus players. Six girls' teams. Countless volunteers. Incredible sponsors. One great club.

We look forward to seeing everyone back at the club for another exciting season in 2027!



Photos: Supplied.

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KEEP HALLOWEEN FRIGHTFULLY FUN: SAFETY TIPS FROM BAYSIDE POLICE

BY ASHLEIGH HOWARTH

Little goblins, ghosts and gremlins will soon be creeping through Bayside streets for the most ‘fang-tastic’ night of the year, with Queensland Police urging families not to let safety become the real fright this Halloween.

With trick-or-treaters hitting the streets and the Wynnum Halloween Festival bringing spooky fun to the bayside, police are encouraging locals to plan ahead, look out for one another and make sure everyone gets home safely.

Bayside District Crime Prevention Coordinator Sergeant Brendon Winslow said families should leave e-scooters, e-bikes, skateboards and bikes at home, with increased pedestrian and road traffic expected.

“It is very exciting to be heading out to trick or treat, and to attend the Halloween festival, but safety is paramount,” Sergeant Winslow said.

“With the extra pedestrian and road traffic on Halloween, it is safer to be travelling on foot.

“We are also reminding parents and carers to talk to children about

road rules and ensure a trusted adult supervises them at all times. It’s also good to travel in groups, especially when visiting unfamiliar houses.”

Sergeant Winslow urged motorists to slow down and take extra care in suburban streets, particularly around dusk and in the evening when children can be harder to see.

Police are also reminding families to stick to familiar streets, visit homes that welcome trick-or-treaters, wear reflective clothing or carry a torch, and ensure costumes fit properly and allow children to see clearly. Treats should also be individually wrapped before being enjoyed.

Residents who don’t want trick-or-treaters can leave their lights off or display a ‘no trick-or-treaters’ sign, while trick-or-treaters are encouraged to respect those who aren’t participating.

“Halloween should be a safe and enjoyable time for everyone, and we want it to be memorable for families for all the right reasons,” Sergeant Winslow said.



Pictured: Bayside District Crime Prevention Coordinator Sergeant Brendon Winslow. Photo by Ashleigh Howarth.

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LOCAL READERS – A BOOK REVIEW

PEOPLE LIKE US BY SALLY PIPER

BY ANNE CROWLEY

WHAT THE EXPERTS SAID

“After Tina Lamb loses her family home in a bitter divorce, she finds herself living in a caravan on the city’s fringes. Having raised four children and nursed her dying mum, she was not anticipating making a new start alone or from scratch... When Tina finds work caring for a wealthy elderly woman, it is a welcome break from an ageist, sexist job market. But Mrs Bell is anything but predictable. Highly educated, acerbic and intimidating, she is not the straightforward charge that Tina had hoped for. As the two women form an unlikely friendship, they soon discover that financial security is about more than having money. Topical and absorbing, *People Like Us* celebrates the power of female friendships and the promise of new beginnings found in unexpected places.” Source: *Goodreads*.

MY THOUGHTS

This is a confronting story and, sadly, not an uncommon one. It brings vividly close to home the reality of middle-aged women upended by sudden housing and work insecurity: their vulnerability, shame, frustration, constant anxiety, withering confidence and faltering courage.

‘Exhaustion ... It’s all the energy required each day in reminding myself that I’m not empty of opinion or voice while pretending that I am’. ‘That’s what intimidation and uncertainty does though: it

silences an otherwise knowing mind, stops it from rocking the boat, putting anything at risk. Survival is a terrifying force.’

Tina reflects on the on setbacks and injustices she experiences, and their impacts. ‘There’s no one or right way for a body to express its vulnerability.’ ‘I return, again and again, to the site of my pain like someone unable to stop cutting themselves.’ And in her sense of dislocation – ‘I belong nowhere’ – we can feel her pain.

But it’s not all miserable. She is grateful for the small kindnesses done her amidst the bullying and exploitation, and the friendships she ultimately develops in the caravan park and with the crotchety Mrs Bell. At times, too, she manages to be optimistic. ‘One day’ becomes ‘an expression rich with possibility and home, that suggests a future.’ For Tina, hope is practical and concrete: ‘a roof over my head no one can take from me and secure work to allow for it.’

The fictional story is absorbing and told with humour and pathos – an engaging read – while raising awareness of the reality. The subject is dear to my heart. I believe that having a secure home is foundational to everything else – food security, hygiene, education, paid employment, mental and physical health. My first volunteer role, at age 21, was supporting a group of homeless teens learn life and employability skills in a share house provided by the local council.

Now I have a friend in her mid-sixties awaiting the court determination on her very acrimonious divorce that could well result in her becoming homeless – like many other women of our vintage, who are now among the fastest-growing group of people experiencing homelessness. *People Like Us* is aptly titled.

The book leaves room for optimism as Tina learns of a new innovative co-housing project to provide older women access to a secure, affordable home: ‘Sharing With Friends’. This is an exciting real initiative in Brisbane, discussed in the first 20 minutes of the Podcast, by the not-for-profit’s CEO Susan Davies and Sally Piper (scan the QR code). I recommend listening and sharing, along with the book!



LOCAL POETRY

MY SHADOW

BY GEOFF SMILEY

That photo of myself
at two, facing the sun
with not a shadow behind.
It came later
and has tracked me since.

My shadow came
with awareness.
A familiar
shaped just like me.

Present through
the times of my life.
A companion and witness
to events as they occur.

It was there
when my family
was lost and
stayed in the torrent
to the end.

It celebrated survival
and success.
Not always apparent
when all is well
but warning me
when the bad times come.

As time slows
my shadow changes.
It comforts me
but I need now to

sit more in the sun
to be fully aware.

Everyone has their shadow,
it identifies them –
individual as their name.
Life is really
a sharing game.

© Geoff Smiley

WHO'S UP FOR SOME SUN, SEA AND SOCCER...AND A WORLD CUP WIN?

CONTRIBUTED BY SIGGY NOWAK

From 12 to 16 October, Cleveland becomes a centre of the soccer world for the 70+ World Cup. This unique event, the first of its kind in Australia, features 6 countries, 26 teams and 450 players. It's being held at Redlands United Football Club fields and will attract over 1000 visitors and spectators, many hailing from overseas. The most remarkable aspect of the competition is that all the players are over 70 years old. Several players are over 80.

Siggy Nowak, a Cleveland resident and player in the Over-75 Australian team, is part of the organising committee. He emphasises the immense effort required to plan such a successful tournament, ensuring a fantastic experience for players and their families.

"We have buy-in from many local businesses and community members who are freely giving up their time to help make this event a memorable experience for everyone."

Nowak highlights the diverse range of players from various states representing Australia, as well as competing teams from Japan, Germany, Wales, Canada and the USA. He anticipates a soccer feast for fans, especially given the presence of quality veteran players in their twilight years.

Oasis Masters Football president Keith Pierce accepted the international committee's offer to host the event in Australia. He is quick to point out that Oasis stands for 'Old And Still Into Soccer'.

Siggy reveals that 21 Australian players in this competition hail from Queensland. He and Malcolm Sutherland reside in Cleveland, and both express their love of living in this area, describing it as Australia's best-kept secret.

Mark Thig, president of Redlands United Football Club, is thrilled that the club grounds were chosen to host the competition. He, along with Redland City Council's local representatives Peter Mitchell (Economic Development) and Jason Colley (Sport and Recreation), and Suzie Tafolo from the Redlands Coast Chamber of Commerce, are fully supportive of this initiative. The Council has generously provided a substantial grant to the organisers. It is distributing brochures and maps to educate visiting players about the area's wide range of eateries, shopping and sightseeing offerings.

At 78, Siggy has never stopped kicking the ball. Siggy assures everyone in his age group that they shouldn't stop playing football, because it keeps bodies active. Malcolm Sutherland, 77, agrees, saying players might be slowing down, but they make the ball do all the running.



Photo: Supplied.

The Oasis committee is encouraging everyone in the Cleveland area to come along and show support for Australia – three Over-70s teams, the two Over-75s teams and the Over-80s oldies – as they strive to win the World Cup in their divisions.

More information about the tournament can be found on the website www.70pluswc2026.com.



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NOBODY DOES IT BETTER: REDLANDS ORCHID SOCIETY SPRING SHOW

FROM THE REDLANDS ORCHID SOCIETY

The Redlands Orchid Society has long been known as the best kept orchid secret in the Redlands, but that secret is about to bloom in spectacular fashion. With a reputation for excellence and record-breaking crowds, the society is preparing for another standout event that proves nobody does it better.

This year's Spring Charity Orchid Show will be held on Saturday October 31, 2026, from 8:30am to 3:00pm at the Birkdale Sports Club at Judy Holt Park. Last year's opening day drew the highest orchid show attendance in South East Queensland, and organisers expect an even bigger turnout as the venue transforms into a dazzling floral wonderland.

One of the show's most cherished figures is Ugo Belligoi, a local 99-year-old farmer and orchid grower whose passion spans generations. Ugo – now humorously “waiting for his letter from the King” – will be there to share his stories, his wisdom, and his enduring love for orchids.

The Redlands Orchid Society is more than a group of growers; it's a thriving community. The Society offers a socially-driven calendar

of events for anyone orchid curious, from monthly Tuesday night meetings (each beginning with a friendly beginners' class) to educational morning teas that blend learning with social connection. Members also enjoy two festive Christmas parties and two annual charity shows, all designed to bring orchid lovers together in a spirit of generosity and joy.

This year's Spring Show proudly supports the Redlands Hospital Auxiliary. Visitors can enjoy refreshments, browse items for sale, meet friendly vendors (who often sell out before midday), and enter raffles, all while soaking up expert advice and admiring stunning displays. Whether you're a seasoned grower or stepping into the orchid world for the first time, the event promises warmth, knowledge, and community.

Enquiries and vendors are welcome. Visit redlandsorchidsociety.org or find the Society on Facebook.

Come along with Ugo, discover the orchids, and meet the people who nurture them.



Pictured: Local legend Ugo Belligoi. Photo: Supplied.



REDLANDS ORCHID SOCIETY SPRING SHOW

SATURDAY, 31 OCTOBER | 8:30AM – 3:00PM
BIRKDALE SPORTS CLUB, JUDY HOLT LANE, BIRKDALE

The Redlands Orchid Society invites the community to its colourful and inspiring **Spring Show**, a perfect outing for orchid enthusiasts, gardeners, families, and anyone who enjoys beautiful blooms.

VISITORS CAN EXPLORE:

- A spectacular showcase of orchids in full autumn glory
- Plant sales featuring quality orchids and growing supplies
 - Raffles and a craft stall with handmade items
 - Potting demonstrations and expert cultivating advice
- A wide range of accessories for growers of all experience levels

Refreshments will be available throughout the day, including tea, coffee, sandwiches, cakes, and scones – ideal for a relaxed break while enjoying the displays.

Proceeds in support of the Redlands Hospital Auxiliary

Enquiries: 0414 738 110 | redlandsorchidsociety@hotmail.com

ADMISSION
Adults \$4.00
Children Free



SENIORS MONTH BAYSIDE STYLE MEANS KNOWLEDGE AND FUN

FROM WYNNUM 60 AND BETTER

Calling all seniors – October is a time to broaden your horizons, connect with world issues, and loosen up a little.

Every year, Wynnum 60 and Better lifts the bar in new ways to engage its members during Seniors Month, and this year's special events at the centre are no exception.

President Tina Cotis says this year's theme is *Oceans*, suitably watery for a population that is never far from the shore.

Alongside the usual jam-packed schedule of diverse activities and outings, first up is our main event: a Blue Rinse Disco at 1:30pm on Wednesday 7 October, generously supported by our Federal, State and local Council representatives.

"Of course, you can get immersed in the theme by coming as a mermaid, Nemo, a surfer or dyeing your hair blue," she teased, "or just come as yourself, prepared to have a good time just sitting and enjoying the show, dancing or singing along to the fabulous Rob Stevenson of *Recycled Teens* fame. It'll be \$10 well invested."

Wednesday 14 October is another signature event for the organisation, a free screening of the must-see National Geographic documentary *Ocean* with Sir David Attenborough from 11:30am, followed by a fascinating discussion on plastic pollution and its

effects on the environment and our health from Queensland University's Dr Elvis Okoffo.

"What a pairing! David Attenborough at 100 needs no introduction as the ultimate active senior, still changing the world with his insights, and an abiding inspiration to us all," said Ms Cotis.

"And Dr Okoffo, research fellow at the Queensland Alliance for Environmental Health Services, is truly the face of the future with his pioneering work on monitoring plastic residues to help develop effective strategies to protect us and our world from insidious nasties like micro- and nano plastics. He's very knowledgeable, approachable, and we can expect to learn a lot."

Light refreshments will be served between the film and the talk; please book for catering purposes.

Last but not least, 60 and Better will turn the spotlight on its team of helpers, with a special Volunteers Lunch on Tuesday, October 27 to honour members who give their time freely to keep the centre and its activities ticking over smoothly.

"Without these amazing, indispensable men and women we would never be able to provide a fraction of what we offer," Ms Cotis said. "We need to keep broadening our brains to learn new things as we



Wynnum 60 and Better members on a field trip. Photo: Supplied.

get older, and challenging our bodies to be as active as possible. We can't become set in our ways or stagnant – that is why we try to offer different experiences and opportunities on a regular basis."

If you are interested in joining Wynnum 60 and Better, or attending events, please call the office on 07 3348 6306 or email admin@wynnum60andbetter.org.au for bookings and information.

Public Notice – Annual Board Nominations

The Board of Directors of Wynnum Manly Leagues Club hereby gives notice that nominations are open for election to the Board.

We encourage nominations from members with expertise in Finance, IT, HR, Governance, and Risk Management. To strengthen our future, we'd also welcome greater diversity, including female candidates and members under 45.

Nominations open Friday 9 October at 10am and close Friday 23 October at 4pm. The Annual General Meeting will be held Sunday 6 December 9.30am. Nominees must be voting members for a minimum 12 months.

For further information, please contact Company Secretary, Daniel Gray, on 3906 7800.



QLD BRACES FOR STORM SEASON: RESIDENTS URGED TO PREPARE NOW

With Queensland’s storm season only weeks away, residents are being urged to act now to protect their homes and businesses rather than wait for severe weather to strike.

While storms can happen any time, the season typically runs from November through to April, with the Bureau of Meteorology’s long-range forecast overview indicating below-average rainfall alongside above-average daytime and night-time temperatures this season.

Redland City State Emergency Service (SES) Unit Local Controller Alex Johnson – who has been involved with the organisation for 28 years – said it’s better to be proactive rather than reactive.

“Don’t wait until a storm is approaching to start preparing,” he said.

“By then, conditions can change quickly and there may not be enough time to safely complete everything you need to do.

“Simple jobs around the home like clearing leaves from gutters and drains, repairing broken, loose or missing tiles on the roof, trimming overhanging branches, mowing your lawn, removing garden debris and securing outdoor items like trampolines, garden furniture and toys can help reduce the risk of storm damage when a severe storm does hit.

Alex also urges residents to prepare a three-day emergency kit in case of a power outage or other disruption.

“The thing about severe weather is you never think it will happen to you until it does,” he said.

“That’s why it is important every resident has the necessary items on hand, just in case.

“People think packing an emergency kit is expensive, but the way to do it is to grab a few things at a time – one week buy an extra tin of baked beans and the next week a packet of batteries.”

An emergency kit should include essential supplies such as drinking water (10 litres per person), non-perishable food, a can opener, torch, pet food and supplies, a battery-powered radio, spare batteries, a portable phone charger and cable, first aid supplies, protective clothing, toiletries, baby supplies, any necessary medications and extra cash.

Residents should also consider having gas-powered cooking equipment, sturdy gloves, sunglasses or safety glasses, an emergency whistle, tools such as a wrench, pliers and a screwdriver, tarpaulin and ropes, bedding, and items like books or playing cards to keep the family entertained.

With about 180 volunteers, Redland City’s SES will be on hand to assist the community and surrounding regions when needed.



Photo courtesy of Redland City SES.

Residents can also access up-to-date information through council’s disaster dashboard, which will feature important information like live weather warnings, power outages, road conditions and closures, evacuation centre locations, sandbag collection points and emergency contacts.

For non-life-threatening storm damage, contact the SES on 132 500.

In a life-threatening emergency, call Triple Zero (000).



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LOCAL FISHING WITH SPERO

WHITING, CRABS AND MACKEREL ARE ON THE MOVE, AND SO AM I!

BY SPERO KARTANOS

October is a great month to be out on Moreton Bay, not just because the fishing's good, but because there are also whales about. These majestic creatures bring their newborn calves in for a little rest, and we get to enjoy the magic.

I will be posting regularly on my Facebook page with sightings and reports on where the whales have been spotted in the bay.

On the fishing front, the school mackerel will be in full swing before the 'spotties' (hopefully) come into the bay, and because spring was so hot, we have a good chance of seeing them.

The whiting have been in great numbers on the eastern side of the Blue Hole, Fisherman's, Reeder's Point and Amity Banks, but at this time of the year, they should move into the Rous and Chain Banks. There will still be good fishing around Darcy Light and the banks towards the Port as well.

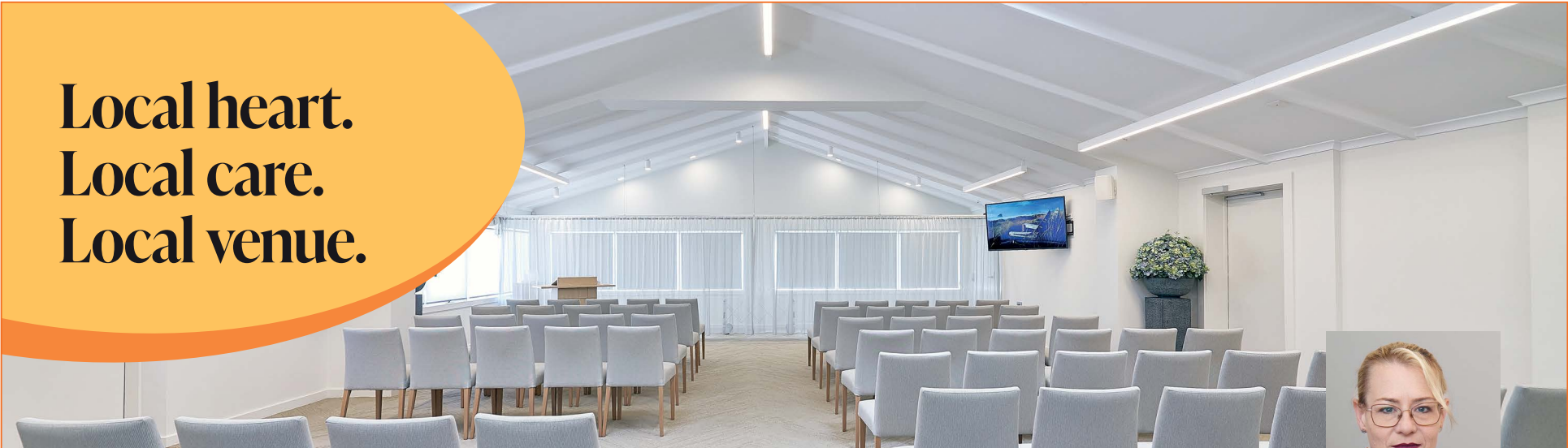
Crabs are in good numbers, and the snapper and sweet lip are around all the shallow island reefs, and of course around the artificial reefs. I think the cuttlefish will have died off with all this heat, so fishing in the shallow weed banks for tigers will be the way to go.

On a personal note, Martha and I have moved from our home of 50 years on Preston Road at Manly West to Aveo Gardens retirement village, and what a great place for us older folks. It is so friendly; thanks to the staff and neighbours for welcoming us...and fresh fish will be on the menu!



Photos: Spero Kartanos.

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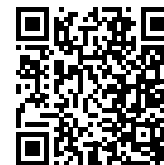




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If you're looking for local trades, check out The Community Leader's Trades page here and online.

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The Community Leader

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Any submissions can be emailed to sales@market2market.com.au for consideration.

LOCAL PICK UP POINTS

Various shopping centres, cafes, clubs and local businesses.

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NOVEMBER BOOKINGS

- Community editorial 8th of October or earlier
- Advertising cut off 15th of October
- Distribution to commence 2nd of November
- Bookings are for a minimum of 3 months and space is limited
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EARLY SPRING LAWN CARE TIPS

FROM COOCHIE LAWN SERVICES

With spring now upon us, now is the time to get your lawn into shape for the coming growing season.

Early spring is a great time to ensure you have looked after any remaining weeds, planned for any lawn renovations, protected against lawn pests, and set the right watering schedule.

By focusing on and controlling weeds now, you are setting the grass up to face less competition and grow more healthily once the weather warms up. Be on the lookout for new spring weeds and foreign grasses and eradicate them early.

I'd start planning any renovations over the coming month or two; this could be anything from dethatching, scarifying, aerating, or coring to even top dressing. Different lawns have different renovation or management needs, and it's critical to get this process right if you want that improved lawn over summer.

Now is a great time to apply the right amount of fertiliser to help encourage greening and maintain a lush, healthy lawn. With the warmer weather, also be on the lookout for pest issues, as those dreaded lawn grubs are only just around the corner.

Finally, ensure you have a watering schedule for the warmer weather, as it dries out soil moisture more quickly than during the past cooler months, and this change in weather can sometimes catch lawn owners out.



Photos: Supplied.



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LOCAL GARDENING WITH KAT

JADE BY THE DOOR

BY KAT PEARSON, *GIRL IN THE GREEN*

“Jade by the door and you’ll never be poor!” or so the saying goes.

Jade plants, or *Crassula ovata*, are also known as ‘money tree’, and in the ancient Chinese practice of ‘Feng shui’ (pronounced ‘fung shway’) they are associated with wealth and prosperity. Put one by your front door and you welcome the wealth!

Luckily, they are easy to care for. Their native habitat is the dry rocky hillsides of South Africa and Mozambique. Their fat, juicy leaves store moisture to use in times of drought, and, like many other succulents, their photosynthesis cycle works slightly differently. Unlike most plants, which open their stomata (pores) to absorb carbon dioxide (CO2) during the day, plants that live in dry, arid conditions open their stomata at night when it is cooler, preventing excess moisture loss during the heat of the day. These succulents then store the CO2 to use during the day for their photosynthesis cycle when the sun is out, just like most regular plants. Pretty smart, huh?

Despite being used to full sun, jade plants will also tolerate part shade. Plants in full sun often develop a blush and red colour on their leaf margins and in cooler weather will produce clusters of

small star-shaped flowers that are pale pink/white. In the shade, their foliage stays a more glossy green, and you are unlikely to get flowers. Too much shade will result in a leggy, weak plant, so if growing one indoors, it needs a very bright spot.

They are great as potted plants and require minimal (but not zero) water. Make sure your potting mix is well-drained and wait for the soil to be dry before watering again.

Jade plants are also super easy to propagate. They will grow from a piece of stem or even a single leaf! Take cuttings and let the cut section heal over and dry out (this prevents rot). Pop the cuttings into some potting mix, and you’ll have plants in no time.

If only money grew on trees...



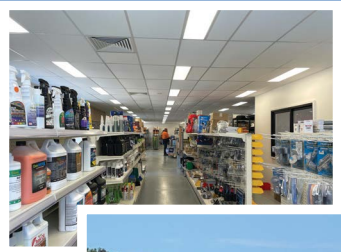
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A MOTHER’S PROMISE GROWS INTO A COMMUNITY TRADITION

BY ASHLEIGH HOWARTH

While sitting beside her newborn daughter in a Sydney hospital 17 years ago, Maggie Vukovic made herself a promise: if she was ever in a position to give something back to the organisation that helped her family through their darkest days, she would. Fast forward to today and an entire community is helping her keep that vow.

As the founder of Qi Flow Studio in Wynnum, Maggie has turned her daughter Alicia’s extraordinary heart journey into an annual fundraiser for HeartKids, having raised thousands for the not-for-profit organisation in two years.

“Every August around Alicia’s birthday, we open the doors of Qi Flow Studio for our annual Heart Day and invite everyone in – members, friends, families, children, neighbours and as many people from the wider community as we can possibly reach,” Maggie said.

“All of our classes are open to the public for the day, with every class ticket going towards HeartKids. During that day we offer a variety of classes including yoga, Pilates, barre, boxing, strength, aerial yoga and breathwork.

“In 2025 our fundraising target was \$5,000 and we raised approximately \$9,320.

“This year’s event was deliberately smaller because we were also celebrating Qi Flow’s fifth birthday. We set ourselves a target of \$3,000 and once again our community nearly doubled it, raising \$5,862.

“That means across our first two Heart Days we have raised more than \$15,000 for HeartKids, and honestly, my heart is so full.

“It has grown into one of the biggest fundraising events within our Wynnum community, and seeing so many people get behind something that started from such a personal place for my family is incredibly special.”

During her 20-week scan, Maggie heard the words no parents ever want to hear. “I was told that something wasn’t right with my baby’s heart,” Maggie said. “I was sent for a specialist ultrasound, and that was when we found out that Alicia had Hypoplastic Left Heart Syndrome (HLHS), a severe congenital heart condition where the left side of the heart is critically underdeveloped and cannot effectively pump blood around the body.”

Maggie was told her daughter had around a 75 percent chance of surviving to her first birthday and a 50 percent chance of reaching five. She underwent her first open-heart surgery at just one week old – an operation that lasted almost 18 hours. Instead of the three major surgeries as initially expected, Alicia ultimately underwent five, including an emergency, life-saving operation.

“I remember having to say goodbye to my baby without knowing whether I would ever get the chance to hold her again,” Maggie said.



Pictured: Maggie with baby Alicia. Photo: Supplied.

Feeling like the only parent in the world going through this, Maggie was supported by a HeartKids representative named Kim, who became a lifelong friend.

During those uncertain times and long hours in hospital, HeartKids provided practical and emotional support to Maggie – from food vouchers and coffee to conversations with other families who were going through the same thing.

Given everything Maggie and Alicia have been through, Heart Day at the studio is one of their favourite days.

“For every other day of the year, I am there for my members, but on Heart Day, they are there for me,” Maggie said.

“They know Alicia’s story and how much HeartKids supported our family when we needed it most. When I ask my community to stand beside me for this one day and help me give something back, they don’t hesitate – they show up, they bring their families and friends, they buy tickets and raffle tickets, donate prizes, volunteer their time and spread the word.

“Heart Day is definitely becoming an annual event. Next year I want to make it bigger again, and it will be particularly special for our family because Alicia will be turning 18.”

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NO CHARGING CABLE NEEDED. ELECTRIC ASSISTANCE HELPS REDUCE FUEL USE.



PLUG-IN HYBRID

PLUG IN FOR ELECTRIC COMMUTING. PETROL POWER FOR LONGER JOURNEYS.

2026 MG MG4 EV URBAN ESSENCE	SN:M156809	\$31,999
2026 GWM ORA 5 ULTRA	SN:602800	\$33,880
2025 CHERY E5 URBAN	SN:D331570	\$35,340
2026 MG MGS5 EV ESSENCE	SN:M595258	\$37,988
2026 FORTHING TAIKON 5	SN:T382470	\$42,490
2026 LDV EDELIVER 5 LOW ROOF	SN:DO75156	\$47,990
2026 LDV EDELIVER 5 LOW ROOF	SN:DO75156	\$47,990
2026 FARIZON V7E STANDARD RANGE LOW ROOF	SN:540814	\$47,990
2025 NISSAN ARIYA ENGAGE	SN:2969454	\$48,990
2024 RENAULT MEGANE E-TECH TECHNO	SN:R866169	\$48,999
2025 XPENG G6 LONG RANGE	SN:X137154	\$49,888
2025 XPENG G6 LONG RANGE	SN:X148507	\$50,888
2026 MG MGS6 EV ESSENCE IS3E	SN:MO53864	\$54,488
2026 FARIZON F3E TRAYBACK REAR WHEEL DRIVE	SN:08921	\$54,990
2025 MG IM5 PREMIUM P12L	SN:MO60327	\$56,888
2025 SUBARU SOLTERRA AWD	SN:G019196	\$62,888
2026 XPENG G6 PERFORMANCE	SN:X241556	\$67,990
2026 XPENG G6 PERFORMANCE	SN:X241780	\$68,500
2025 LDV EDELIVER 7 LOW ROOF	SN:V123326	\$69,888
2026 XPENG X9 PERFORMANCE	SN:X050162	\$122,000
2026 HYUNDAI IONIQ 6 N CE N.V1	SN:420434478	\$123,715

2026 GWM HAVAL JOLION PREMIUM HYBRID	SN:626835	\$28,989
2026 MG MG3 ESSENCE	SN:M233866	\$29,880
2026 MG ZS EXCITE HYBRID+ ZS32	SN:M257969	\$29,888
2025 HYUNDAI KONA HYBRID SX2	SN:420418315	\$38,777
2025 MG HS HYBRID+ ESSENCE	SN:MO20957	\$42,888
2026 HYUNDAI KONA HYBRID PREMIUM	SN:420429780	\$44,888
2025 FOTON TUNLAND V9-L 4X4	SN:F332206	\$46,200
2026 HYUNDAI TUCSON HYBRID ELITE N LINE NX4.V4	SN: 420428931	\$49,888
2026 HYUNDAI TUCSON HYBRID ELITE NX4.V4	SN:420429426	\$50,777
2025 SUBARU FORESTER HYBRID TOURING S6	SN:G011668	\$52,990
2026 NISSAN X-TRAIL TI E-POWER T33	SN:2997792	\$53,990
2026 NISSAN QASHQAI TI E-POWER J12	SN:2996864	\$56,390
2026 HYUNDAI TUCSON HYBRID PREMIUM NX4.V4	SN:420430411	\$57,888

2025 CHERY TIGGO 8 SUPER HYBRID URBAN T31	SN:D313728	\$38,990
2024 MITSUBISHI ECLIPSE CROSS PHEV EXCEED YB	SN:M233866	\$43,990
2024 MITSUBISHI OUTLANDER PHEV ES ZM	SN:Z011327	\$49,300
2024 MITSUBISHI OUTLANDER PHEV ES ZM	SN:Z010198	\$49,490
2025 MITSUBISHI OUTLANDER PHEV ES ZM	SN:Z013039	\$51,990
2025 MITSUBISHI OUTLANDER PHEV ES ZM	SN:Z013159	\$52,000
2025 MITSUBISHI OUTLANDER PHEV ES ZM	SN:Z012225	\$52,000
2024 MITSUBISHI OUTLANDER PHEV ASPIRE ZM	SN:Z007572	\$56,100
2026 GWM CANNON ALPHA ULTRA HI4-T PHEV P05 4X4	SN:612104	\$62,990
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*Warranty terms vary by brand and model. Up to 10 years/250,000km warranty applies to the MG ZS Excite Hybrid+ only, conditional on all scheduled servicing being completed at an authorised MG dealer within 30 days/2,000km of each scheduled interval. If servicing is not completed exclusively through the MG dealer network, or a scheduled service is missed, the warranty reverts to 7 years/unlimited km. All other vehicles and brands featured carry their own manufacturer warranty terms —ask your sales consultant for full details. BBG90924_0926

PREGNANT? DON'T PUT YOUR DENTAL APPOINTMENTS ON HOLD

FROM DENTAL ON CAMBRIDGE

Pregnancy brings plenty of changes to the body, but one area that can sometimes be overlooked is your oral health. Hormonal changes, morning sickness, changes in eating habits and increased cravings can all affect your teeth and gums during pregnancy. Looking after your mouth isn't simply about maintaining your smile; it is an important part of looking after your overall health during this important stage of life.

One of the most noticeable changes during pregnancy can be in the gums. Increased levels of pregnancy hormones can make the gums more sensitive to the bacteria found in dental plaque. This can cause gums to become red, swollen, tender or more likely to bleed – a condition commonly known as pregnancy gingivitis.¹ Bleeding gums during pregnancy shouldn't be ignored, especially if you've continued with good brushing and flossing, it's worth having them checked by your dentist. The Australian Dental Association (ADA) is researching the relationship between more advanced gum disease, known as periodontitis, with adverse pregnancy outcomes, including preterm birth, low birth weight and pre-eclampsia.²

For some women, pregnancy also brings nausea, vomiting or reflux. Stomach acid can temporarily coat the teeth and contribute to dental erosion, gradually wearing away the protective surface of the

tooth.¹ One important tip is not to brush your teeth immediately after vomiting, instead, rinse your mouth with water and wait around 60 minutes before brushing as the stomach acid makes the enamel soft.

IS IT SAFE TO VISIT THE DENTIST DURING PREGNANCY?

Absolutely! The ADA recommends dental care during pregnancy and says that necessary dental treatment can be safely provided. Local anaesthetic is considered safe, and low dose dental X-rays can also be taken when clinically required.¹ It's still important to tell your dentist that you're pregnant so your dental team can provide appropriate care. While dental treatment can be undertaken at any stage of pregnancy, some women find the second trimester the most comfortable time for appointments. Even better, if you're planning to become pregnant, book in to ensure your dental care is up to date in preparation.

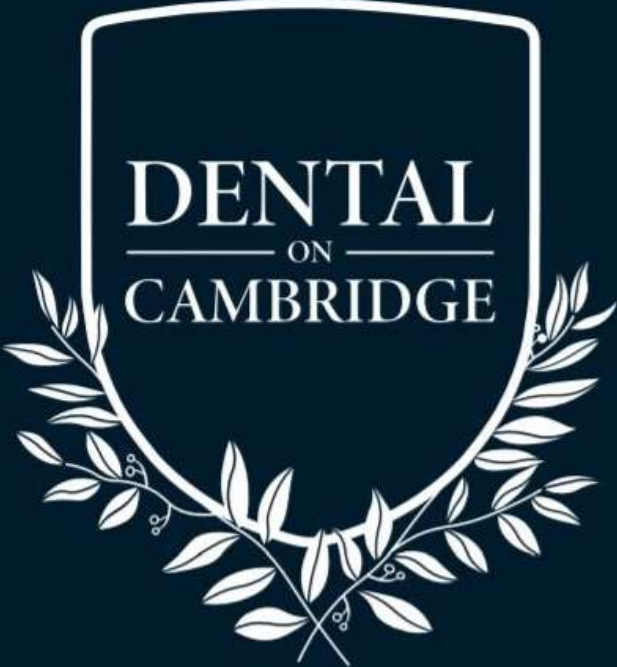
At Dental on Cambridge, our experienced dentists are here to help Bayside families maintain healthy teeth and gums throughout every stage of life – even when you're literally growing another life! If you're planning a pregnancy, expecting a baby, or simply haven't had your teeth and gums checked recently, make your oral health part of your pregnancy care.



Photo: Supplied.

REFERENCES

1. Australian Dental Association. *Oral Health and Pregnancy*. Teeth.org.au. Evidence-based patient information, reviewed by Australian dental experts.
2. Australian Dental Association. *Pregnancy – Mouth and Body Are Connected*. Teeth.org.au. Information for patients and dental professionals regarding periodontitis and pregnancy outcomes.



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MCCARTNEY FAMILY FUNERALS

When families in Wynnum need care, they turn to people they know and trust.

At our Wynnum office, Jo is more than a Funeral Director — she is a steady, compassionate guide when families need support the most.

Jo brings quiet warmth, deep empathy and unwavering attention to detail, ensuring every family feels heard, understood and genuinely cared for.

With a calm confidence and thoughtful approach, Jo offers reassurance, guidance and support through every decision.

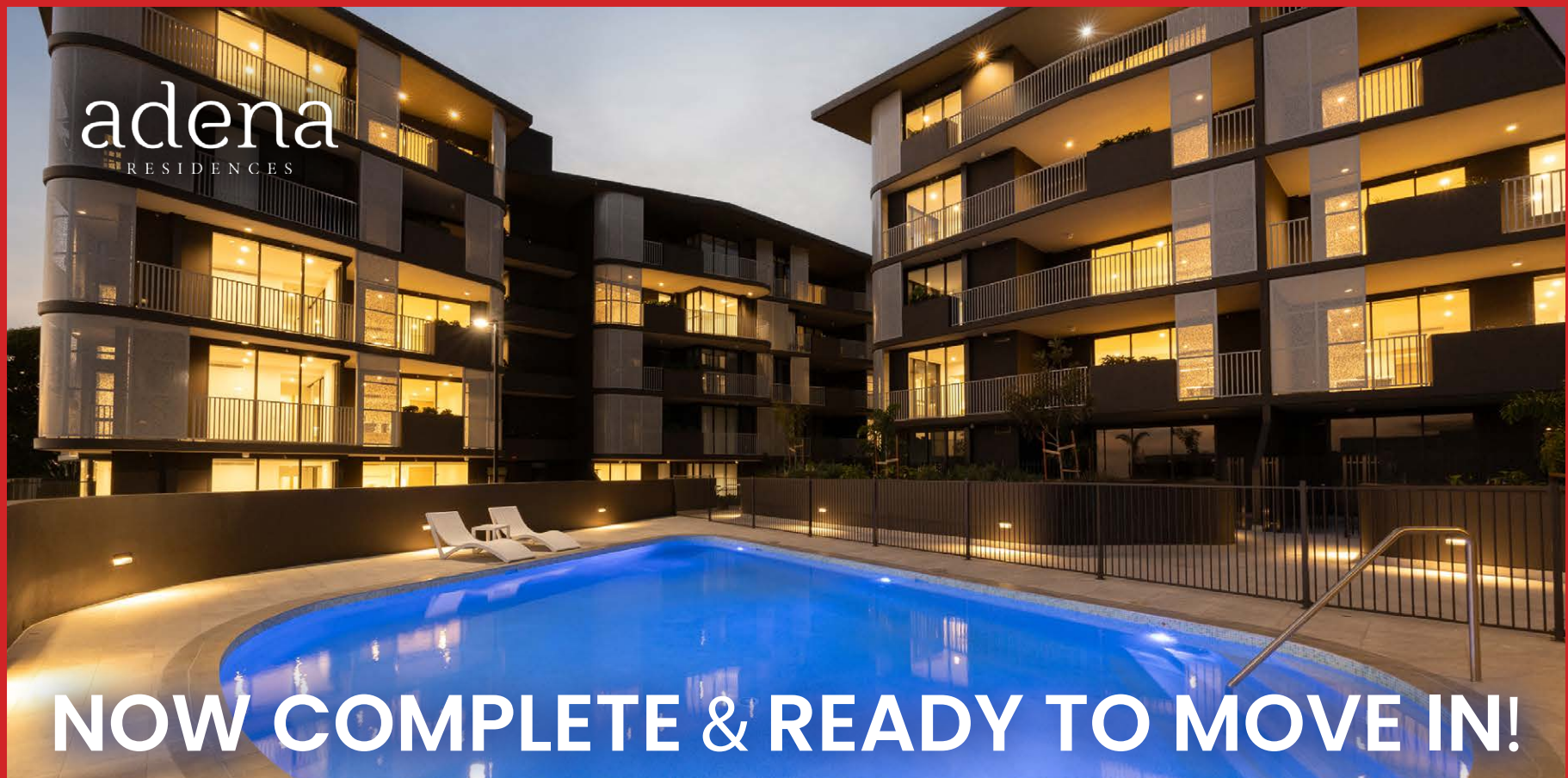
Together with the McCartney Family Funerals team, Jo reflects everything we believe in — thoughtful service, dignity, compassion, and a commitment to caring for every family as if they were our own.

We are proud to serve the Wynnum and Bayside community with people who truly care.

It's a family thing.



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